

Supplementary File 5: Quality and Risk of Bias Assessment

S/N	Author's/Year	Was the sample frame appropriate to address the target population?	Were study participants sampled in an appropriate way?	Was the sample size adequate?	Were the study subjects and the setting described in detail?	Was the data analysis conducted with sufficient coverage of the identified sample?	Were valid methods used for the identification of the condition?	Was the condition measured in a standard, reliable way for all participants?	Was there appropriate statistical analysis?	Was the response rate adequate, and if yes, was the low response rate managed appropriately?	Total score	Grade
1	Abdulkarim et al., (2005) (22)	0	0	0	0	0	1	1	0	0	2	Low
2	Adebowale & James, (2018) (23)	0	0	0	0	0	0	0	0	0	0	Low
3	Aigbogun et al., (2024) (24)	0	0	0	0	0	0	0	0	0	0	Low
4	Aluh et al., (2023) (25)	1	0	0	0	0	0	0	1	0	2	Low
5	Amoah et al., (2022) (26)	0	0	0	0	0	1	0	0	0	1	Low
6	Anyanwu et al., (2017) (27)	0	0	0	0	0	1	0	0	0	1	Low
7	Asante & Atorkey, (2023) (28)	0	0	0	0	0	1	0	0	0	1	Low
8	Bio-sya et al., (2022) (34)	0	0	0	0	0	0	0	0	0	0	Low
9	Danso & Anto, (2021) (35)	0	0	0	0	0	0	0	0	0	0	Low
10	Forson et al., (2020) (36)	0	1	0	0	1	1	1	1	0	5	Moderate
11	Gureje et al., (2007) (37)	0	0	0	0	0	0	0	0	0	0	Low
12	Idowu et al., (2018) (38)	0	0	0	0	0	0	0	0	0	0	Low
13	Kyei-Gyamfi et al., (2024) (13)	0	0	0	0	0	1	1	0	0	2	Low
14	Lasebikan & Ijomanta, (2018) (39)	0	0	0	0	1	0	0	0	0	1	Low
15	Makanjuola et al., (2010) (40)	0	0	0	0	0	1	0	0	0	1	Low
16	Mirian Aguocha & Nwefoh, (2021) (41)	0	0	0	0	1	0	1	0	0	2	Low

