

HERDICHEM Questionnaire

Questionnaire to the HERDICHEM-study for researching the interaction between herbal supplements and chemotherapy.

Demographics of participant

Sex male / female

Age years

Highest level of education

- | | |
|--|-----------------------------------|
| <input type="checkbox"/> None | <input type="checkbox"/> Bachelor |
| <input type="checkbox"/> Elementary school | <input type="checkbox"/> Master |
| <input type="checkbox"/> Middle school | <input type="checkbox"/> PhD |
| <input type="checkbox"/> High school | |

To be completed by the researcher

ID

Questionnaire FTF / self / videocall / telephone

Completed by:

Date:

Initials:

Part A

General questions on the use of herbal supplements

1. I knew that some herbal supplements can affect cancer treatment.
 Yes
 No
2. I am using herbal supplements during my treatment for cancer.
 Yes → continue
 No → you finished the questionnaire
3. My oncologist knows I am using herbal supplements.
 Yes
 No
 I do not know
4. I would stop using herbal supplements if my oncologist would tell me to.
 Yes
 No
 I do not know (yet)
5. I am using herbal supplements
 On my own initiative
 On advice of others such as family members, acquaintances, friends, neighbors
 On advice of an alternative healthcare provider
 Other reason, namely

Part B

Check if you are using one or more of the following herbal supplements.

- | | |
|--|--|
| <input type="checkbox"/> St John's wort (<i>Hypericum perforatum</i>) | <input type="checkbox"/> Ginkgo (<i>Ginkgo biloba</i>) |
| <input type="checkbox"/> Red yeast rice | <input type="checkbox"/> Green tea* (<i>Camellia sinensis</i>) |
| <input type="checkbox"/> American Ginseng (<i>Panax quinquefolius</i>) | <input type="checkbox"/> Garlic* (<i>Allium sativum</i>) |
| <input type="checkbox"/> Danshen or red sage (<i>Salvia miltiorrhiza</i>) | <input type="checkbox"/> Milk thistle (<i>Silybum marianum</i>) |
| <input type="checkbox"/> Turmeric* (<i>Curcuma longa</i>) | <input type="checkbox"/> Valerian (<i>Valeriana officinalis</i>) |
| <input type="checkbox"/> Cannabis. If yes, with which active substances: <ul style="list-style-type: none"><input type="radio"/> Only or primarily CBD<input type="radio"/> Only or primarily THC<input type="radio"/> THC + CBD<input type="radio"/> Unknown | <input type="checkbox"/> Red coneflower (<i>Echinacea</i>) |
| | <input type="checkbox"/> Black cohosh (<i>Cimicifuga</i>) |
- I do not use any of these herbal supplements

*Turmeric, green tea and garlic only when in use as herbal supplements. Do not check if green tea is used as beverage and do not check turmeric or garlic when used for cooking.

Part C

Write any other herbal supplements you are using in the box below.

Thank you very much for completing this questionnaire!

The research team.