

Impact of cannabis use on brain metabolism using ³¹P and ¹H magnetic resonance spectroscopy

Maximilian Fenzl¹ (ORCID 0000-0003-1011-2754) · Martin Backens¹ (ORCID 0000-0002-3414-696X) · Silviu Bodea² · Miriam Wittemann³ · Florian Werler⁴ · Jule Brielmaier⁵ · Robert Christian Wolf⁴ (ORCID 0000-0002-5358-5212) · Wolfgang Reith¹

1. Institute of Neuroradiology, Saarland University, 66421 Homburg, Germany
2. Helmholtz Zentrum Munich, German Research Center for Environmental Health Institute of Biological and Medical Imaging, 85748 Munich, Germany
3. Department of Psychiatry and Psychotherapy, Saarland University, 66421 Homburg, Germany
4. Department of General Psychiatry at the Center for Psychosocial Medicine, Heidelberg University, 69115 Heidelberg, Germany
5. Department of Obstetrics and Gynecology, RKH Clinic Ludwigsburg, 71640 Ludwigsburg, Germany

Suppl_Table4: T1 relaxation for Phosphorus MRS

	PE	PC	Pi	GPE	GPC	PCr	ATP	NAD	Phantom
T1 (ms)	4000	3300	2200	4000	2700	3500	1000	1000	4000
R_P	0.36	0.4	0.51	0.36	0.46	0.39	0.71	0.71	0.36

T1 values used for relaxation correction of phosphorus metabolite values and calculated relaxation factors R_P

Suppl_Table5: Results of ³¹P MRS - Comparison between groups

FGM	overall comparison of groups (multivariate)								
	Statistics MANOVA: Wilks-Lambda p = 0.175								
	omnibus p-value	pairwise group comparison (post-hoc Scheffé test)							
fN (n=20) mean ± SD		Δmf		mN (n=24) mean ± SD	ΔCN		mC (n=34) mean ± SD		
		rel. diff.	p-value		rel. diff.	p-value			
PME	0.764	2,70 ± 0,43	-3%	0,802	2,61 ± 0,43	0%	0.997	2,62 ± 0,43	
Pi	0.037	0,68 ± 0,21	-13%	0,307	0,59 ± 0,17	-9%	0.599	0,54 ± 0,18	
PDE	0.254	2,89 ± 0,58	5%	0,599	3,04 ± 0,49	-7%	0.259	2,83 ± 0,44	
PCr	0.891	3,65 ± 0,62	-2%	0,893	3,58 ± 0,48	1%	0.984	3,60 ± 0,49	
ATP	0.082	2,83 ± 0,49	-5%	0,693	2,70 ± 0,48	-7%	0.400	2,51 ± 0,48	
NAD	–	0,38 ± 0,12	-8%	–	0.35 ± 0.14	3%	–	0.36 ± 0.11	
pH	0.263	6,98 ± 0,03	0,0%	0,992	6,99 ± 0,02	-0,1%	0.343	6,98 ± 0,02	
Mg	0.115	0,11 ± 0,02	-9%	0,148	0,10 ± 0,01	1%	0.923	0,10 ± 0,01	

r_TH		overall comparison of groups (multivariate)						
		Statistics MANOVA: Wilks-Lambda p = 0.014						
omnibus p-value	fN (n=21) mean ± SD	Δmf		mN (n=26) mean ± SD	ΔCN		mC (n=40) mean ± SD	
		rel. diff.	p-value		rel. diff.	p-value		
PME	0,010	2.30 ± 0.33	-15%	0.014	1.96 ± 0.40	4%	0.680	2.05 ± 0.39
Pi	0,533	0.79 ± 0.19	-5%	0.825	0.75 ± 0.18	-3%	0.892	0.73 ± 0.24
PDE	0,790	2.61 ± 0.46	-2%	0.939	2.56 ± 0.36	3%	0.790	2.63 ± 0.39
PCr	0,016	3.70 ± 0.50	-13%	0.018	3.23 ± 0.52	5%	0.558	3.38 ± 0.60
ATP	0,012	2,43 ± 0,48	-11%	0,166	2,16 ± 0,44	-6%	0.586	2,03 ± 0,53
NAD	–	0.36 ± 0.10	3%	–	0.37 ± 0.10	0%	–	0.37 ± 0.11
pH	0,413	6.98 ± 0.02	0.2%	0.264	6.99 ± 0.02	0.0%	0.545	6.99 ± 0.03
Mg	0,157	0.10 ± 0.01	9%	0.163	0.11 ± 0.02	-5%	0.469	0.10 ± 0.02

l_TH		overall comparison of groups (multivariate)						
		Statistics MANOVA: Wilks-Lambda p = 0.359						
omnibus p-value	fN (n=21) mean ± SD	Δmf		mN (n=26) mean ± SD	ΔCN		mC (n=40) mean ± SD	
		rel. diff.	p-value		rel. diff.	p-value		
PME	0,062	2,32 ± 0,31	-9%	0,151	2,10 ± 0,39	-1%	0.986	2,09 ± 0,40
Pi	0,643	0,84 ± 0,16	-5%	0,799	0,80 ± 0,16	-2%	0.976	0,78 ± 0,25
PDE	0,610	2,63 ± 0,40	-1%	0,976	2,60 ± 0,43	4%	0.943	2,70 ± 0,43
PCr	0,196	3,75 ± 0,53	-7%	0,335	3,50 ± 0,51	-1%	0.996	3,48 ± 0,64
ATP	0,078	2,45 ± 0,43	-10%	0,313	2,21 ± 0,46	-4%	0.773	2,12 ± 0,60
NAD	–	0.39 ± 0.14	-13%	–	0.34 ± 0.10	3%	–	0.35 ± 0.10
pH	0,746	6,99 ± 0,02	0,0%	0,755	6,99 ± 0,01	0,0%	0.992	6,99 ± 0,03
Mg	0,164	0,10 ± 0,01	10%	0,560	0,11 ± 0,01	-6%	0.146	0,10 ± 0,01

r_BG		overall comparison of groups (multivariate)						
		Statistics MANOVA: Wilks-Lambda p = 0.358						
omnibus p-value	fN (n=21) mean ± SD	Δmf		mN (n=26) mean ± SD	ΔCN		mC (n=39) mean ± SD	
		rel. diff.	p-value		rel. diff.	p-value		
PME	0,888	2,17 ± 0,37	0%	0,995	2,16 ± 0,39	-2%	0.874	2,11 ± 0,31
Pi	0,050	0,61 ± 0,18	3%	0,982	0,63 ± 0,16	-15%	0.117	0,53 ± 0,19
PDE	0,894	2,66 ± 0,40	2%	0,040	2,70 ± 0,45	-2%	0.846	2,63 ± 0,42
PCr	0,287	3,48 ± 0,45	-7%	0,288	3,22 ± 0,54	2%	0.865	3,29 ± 0,53
ATP	0,050	2,49 ± 0,48	-5%	0,693	2,36 ± 0,40	-9%	0.233	2,15 ± 0,53
NAD	–	0.33 ± 0.10	6%	–	0.35 ± 0.11	6%	–	0.37 ± 0.10
pH	0,934	6,99 ± 0,03	0,0%	0,934	6,99 ± 0,02	0,0%	0.998	6,99 ± 0,02
Mg	0,914	0,11 ± 0,01	0%	0,946	0,11 ± 0,01	0%	0.991	0,11 ± 0,01

I_BG		overall comparison of groups (multivariate)						
		Statistics MANOVA: Wilks-Lambda p = 0.122						
omnibus p-value	fN (n=21) mean ± SD	Δmf		mN (n=26) mean ± SD	ΔCN		mC (n=40) mean ± SD	
		rel. diff.	p-value		rel. diff.	p-value		
PME	0,379	2,41 ± 0,41	-5%	0,520	2,30 ± 0,30	-1%	0,985	2,29 ± 0,34
Pi	0,397	0,72 ± 0,21	-4%	1,000	0,69 ± 0,19	-9%	0,488	0,63 ± 0,21
PDE	0,660	2,42 ± 0,39	5%	0,707	2,54 ± 0,44	-3%	0,698	2,46 ± 0,41
PCr	0,014	3,68 ± 0,41	5%	0,306	3,88 ± 0,53	-10%	0,015	3,50 ± 0,55
ATP	0,091	2,53 ± 0,47	-8%	0,315	2,32 ± 0,38	-4%	0,766	2,23 ± 0,54
NAD	–	0,33 ± 0,10	15%	–	0,38 ± 0,13	-18%	–	0,31 ± 0,10
pH	0,566	7,00 ± 0,03	0,0%	0,987	7,00 ± 0,03	-0,1%	0,710	6,99 ± 0,03
Mg	0,890	0,11 ± 0,01	0%	0,900	0,11 ± 0,02	0%	0,995	0,11 ± 0,02

r_TL		overall comparison of groups (multivariate)						
		Statistics MANOVA: Wilks-Lambda p = 0.034						
omnibus p-value	fN (n=21) mean ± SD	Δmf		mN (n=26) mean ± SD	ΔCN		mC (n=40) mean ± SD	
		rel. diff.	p-value		rel. diff.	p-value		
PME	0,150	2,04 ± 0,39	7%	0,484	2,18 ± 0,47	5%	0,764	2,25 ± 0,38
Pi	0,277	0,59 ± 0,18	-2%	0,866	0,58 ± 0,20	-9%	0,453	0,53 ± 0,14
PDE	0,102	2,03 ± 0,54	16%	0,088	2,36 ± 0,52	-7%	0,487	2,20 ± 0,51
PCr	0,338	3,50 ± 0,63	8%	0,460	3,78 ± 0,91	0%	1,000	3,79 ± 0,71
ATP	0,138	2,30 ± 0,47	-3%	0,873	2,23 ± 0,46	-7%	0,367	2,07 ± 0,46
NAD	–	0,25 ± 0,10	28%	–	0,32 ± 0,11	6%	–	0,34 ± 0,11
pH	0,209	7,00 ± 0,03	0,0%	0,999	7,00 ± 0,03	-0,1%	0,420	6,99 ± 0,02
Mg	0,342	0,12 ± 0,02	-8%	0,688	0,11 ± 0,02	-2%	0,854	0,11 ± 0,02

I_TL		overall comparison of groups (multivariate)						
		Statistics MANOVA: Wilks-Lambda p = 0.579						
omnibus p-value	fN (n=21) mean ± SD	Δmf		mN (n=26) mean ± SD	ΔCN		mC (n=40) mean ± SD	
		rel. diff.	p-value		rel. diff.	p-value		
PME	0,526	2,13 ± 0,40	0%	1,000	2,13 ± 0,49	4%	0,631	2,23 ± 0,31
Pi	0,363	0,63 ± 0,20	6%	0,819	0,67 ± 0,26	-12%	0,366	0,59 ± 0,20
PDE	0,516	1,90 ± 0,39	4%	0,798	1,98 ± 0,38	-6%	0,518	1,86 ± 0,43
PCr	0,449	3,62 ± 0,60	8%	0,449	3,91 ± 0,81	-3%	0,792	3,78 ± 0,82
ATP	0,662	2,27 ± 0,43	-5%	0,734	2,15 ± 0,47	-3%	0,870	2,10 ± 0,52
NAD	–	0,29 ± 0,11	10%	–	0,32 ± 0,10	-9%	–	0,29 ± 0,09
pH	0,815	7,00 ± 0,03	0,0%	0,844	7,00 ± 0,03	0,0%	0,987	7,00 ± 0,03
Mg	0,903	0,11 ± 0,02	0%	0,870	0,11 ± 0,01	0%	0,976	0,11 ± 0,02

r_FWM		overall comparison of groups (multivariate)						
		Statistics MANOVA: Wilks-Lambda p = 0.216						
omnibus p-value	pairwise group comparison (post-hoc Scheffé test)							
	fN (n=19) mean ± SD	Δmf		mN (n=25) mean ± SD	ΔCN		mC (n=37) mean ± SD	
		rel. diff.	p-value		rel. diff.	p-value		
PME	0,798	2,27 ± 0,32	4%	0,751	2,35 ± 0,41	-2%	0,894	2,30 ± 0,38
Pi	0,111	0,61 ± 0,21	3%	0,982	0,63 ± 0,18	-15%	0,145	0,54 ± 0,19
PDE	0,116	2,56 ± 0,50	5%	0,797	2,69 ± 0,53	-9%	0,118	2,44 ± 0,41
PCr	0,904	3,40 ± 0,57	2%	1,000	3,46 ± 0,52	-1%	0,941	3,42 ± 0,44
ATP	0,024	2,60 ± 0,43	-5%	0,676	2,47 ± 0,45	-8%	0,199	2,27 ± 0,49
NAD	–	0,30 ± 0,13	17%	–	0,35 ± 0,15	-11%	–	0,31 ± 0,10
pH	0,725	6,98 ± 0,02	0,1%	0,658	6,99 ± 0,02	-0,1%	0,738	6,98 ± 0,03
Mg	0,698	0,11 ± 0,01	0%	0,899	0,11 ± 0,01	0%	0,970	0,11 ± 0,01

l_FWM		overall comparison of groups (multivariate)						
		Statistics MANOVA: Wilks-Lambda p = 0.086						
omnibus p-value	pairwise group comparison (post-hoc Scheffé test)							
	fN (n=19) mean ± SD	Δmf		mN (n=26) mean ± SD	ΔCN		mC (n=38) mean ± SD	
		rel. diff.	p-value		rel. diff.	p-value		
PME	0,931	2,22 ± 0,33	0%	0,993	2,23 ± 0,43	-2%	0,934	2,19 ± 0,34
Pi	0,198	0,66 ± 0,24	-9%	0,661	0,60 ± 0,21	-8%	0,666	0,56 ± 0,17
PDE	0,386	2,14 ± 0,51	6%	0,592	2,27 ± 0,30	1%	0,958	2,30 ± 0,36
PCr	0,018	3,33 ± 0,38	12%	0,025	3,73 ± 0,45	-7%	0,112	3,47 ± 0,52
ATP	0,058	2,35 ± 0,43	-2%	0,955	2,30 ± 0,37	-10%	0,158	2,08 ± 0,54
NAD	–	0,29 ± 0,10	6%	–	0,31 ± 0,13	3%	–	0,32 ± 0,11
pH	0,833	7,00 ± 0,04	0,0%	0,924	7,00 ± 0,03	-0,1%	0,839	7,00 ± 0,05
Mg	0,406	0,11 ± 0,02	0%	0,677	0,11 ± 0,02	-2%	0,909	0,11 ± 0,02

Absolute mean concentration values ± standard deviation of PME, Pi, PDE, PCr, ATP, NAD, and Mg are given as mmol/kg brain tissue.

Left and right half of the FGM voxel were not evaluated separately.

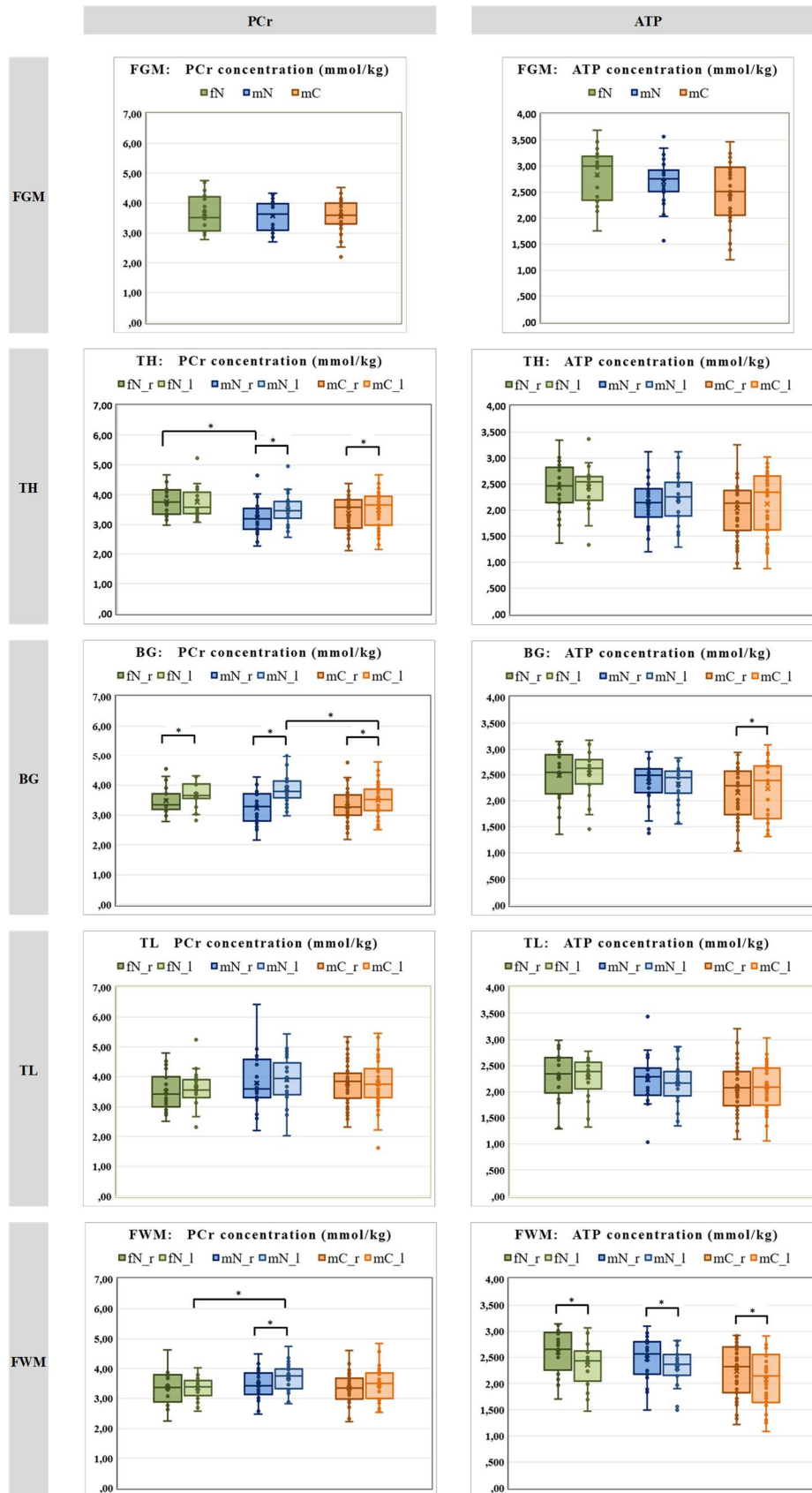
Δmf indicates the relative difference of metabolite values between fN and mN: $\Delta mf = \frac{(mN - fN)}{fN}$.

ΔCN indicates the relative difference of metabolite values between mN and mC: $\Delta CN = \frac{(mC - mN)}{mN}$.

The Wilks-Lambda test reflects the overall effect of the three groups on all seven metabolite values included in the MANOVA. NAD was excluded because of too many low-quality data. Post-hoc Scheffé test was used for paired comparison of groups.

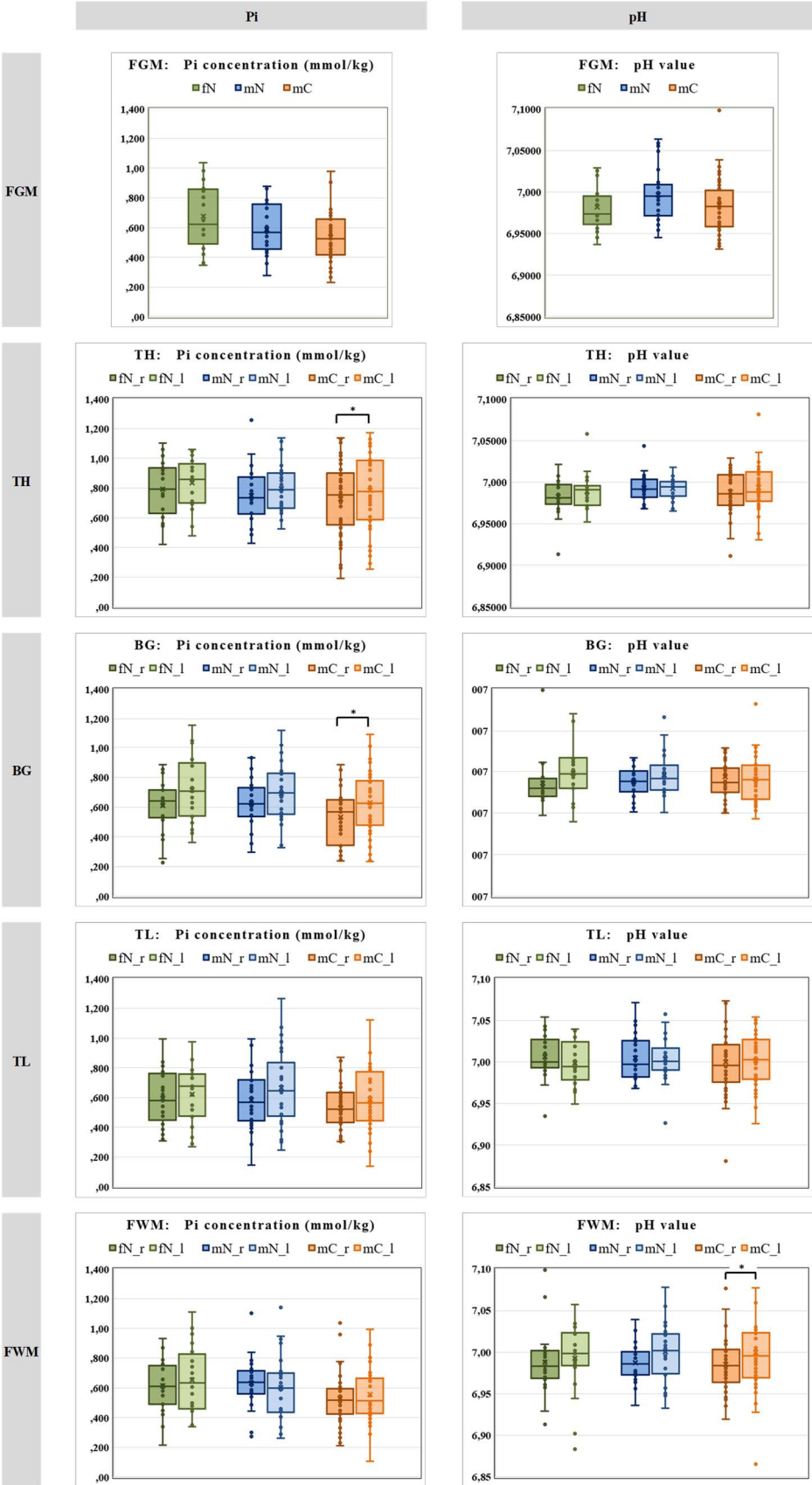
p-values < 0.05 are marked in bold. *Values that remained significant after multiple comparisons correction.

Suppl_Fig9a: Results of Phosphorus MRS: concentration values - box plot



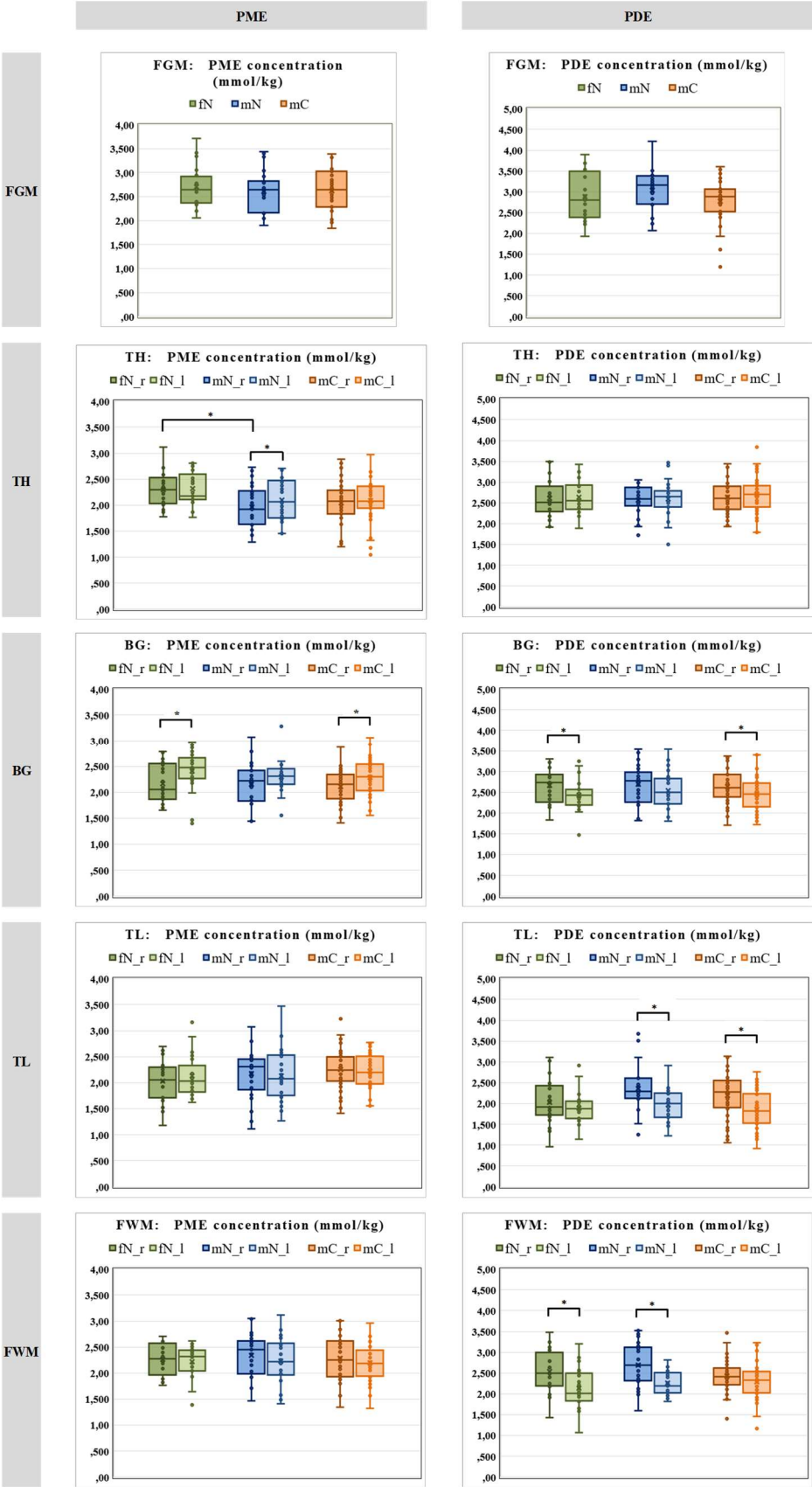
Box plots describing the variation of absolute metabolite concentration values of PCr and ATP in four different regions of the brain. Asterisk marks significant differences ($p < 0.05$).

Suppl_Fig9b: Results of Phosphorus MRS: concentration values - box plot



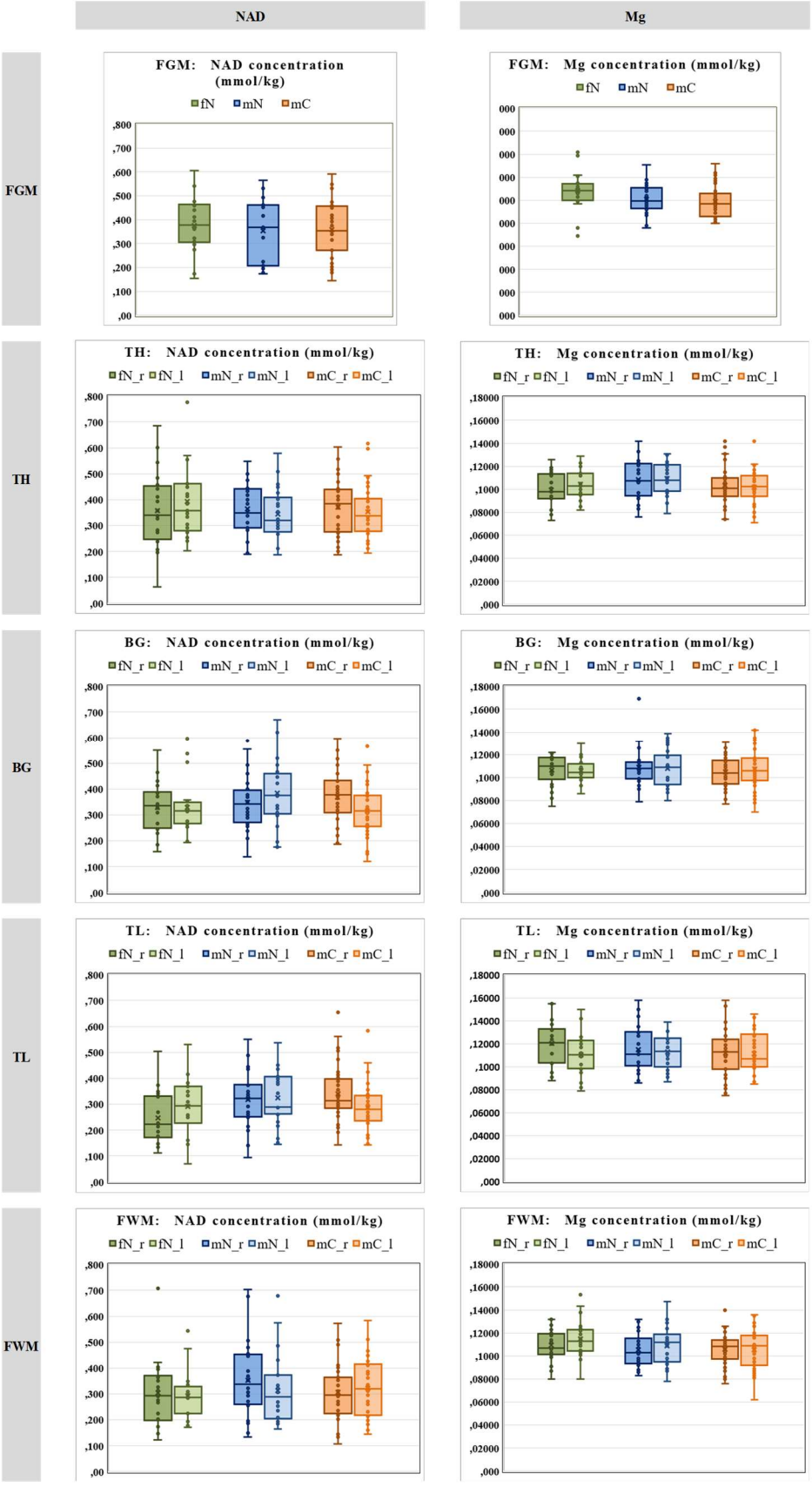
Box plots describing the variation of absolute metabolite concentration values of Pi and pH value in four different regions of the brain. Asterisk marks significant differences (p < 0.05).

Suppl_Fig9c: Results of Phosphorus MRS: concentration values - box plot



Boxplots describing the variation of absolute metabolite concentration values of PME and PDE in four different regions of the brain. Asterisk marks significant differences ($p < 0.05$).

Suppl_Fig9d: Results of Phosphorus MRS: concentration values - box plot



Boxplots describing the variation of absolute metabolite concentration values of NAD and Mg in four different regions of the brain. Asterisk marks significant differences ($p < 0.05$).