

1 Antimicrobial resistance prevalence in clinical and aquatic environmental ESKAPE: a
2 systematic review with meta-analysis
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45 **Abstract**

46 Antimicrobial resistance (AMR) in ESKAPE pathogens represents a major global health

47 threat. Although these organisms are well established as causes of healthcare-associated

48 infections, aquatic environments may function as reservoirs and transmission pathways for

49 resistance. This systematic review aimed to estimate the prevalence of AMR in ESKAPE

50 pathogens isolated from water and wastewater and to compare resistance patterns with

51 those observed in human clinical isolates. The review followed PRISMA guidelines and was

52 registered in PROSPERO (CRD420251020930). PubMed, Embase, and the Cochrane

53 Library were searched to January 14, 2025. Eligible studies were original research reporting

54 antimicrobial susceptibility data for ESKAPE pathogens isolated from both aquatic

55 environmental matrices and clinical samples. Pooled resistance prevalence was estimated

56 using generalized linear mixed models, with heterogeneity assessed using τ^2 and I^2 statistics

and small-study effects evaluated by funnel plots and Egger's test. Of 304 records identified, 18 studies met the inclusion criteria. The pooled overall resistance prevalence was 0.46 (95% CI: 0.36–0.57), with heterogeneity ($I^2 = 98.8\%$). Resistance was higher in clinical isolates (0.67; 95% CI: 0.55–0.77) than in environmental isolates (0.24; 95% CI: 0.14–0.39), and environmental resistance was greater in effluent-impacted waters than in non-effluent sources. Interpretation is limited by methodological heterogeneity, selective isolation approaches in environmental studies, and imprecision due to small and unevenly distributed samples. Overall, AMR in ESKAPE pathogens remains more prevalent in clinical settings, but aquatic environments, particularly wastewater, represent resistance reservoirs, underscoring the need for standardized methodologies within a One Health framework.

Systematic review registration

<https://www.crd.york.ac.uk/PROSPERO/view/CRD420251020930>, CRD420251020930

Keyword: Antimicrobial resistance (AMR), ESKAPE Pathogens, Meta-analysis, Environmental Reservoirs, Clinical Isolates.

Highlights:

Antimicrobial resistance was higher in clinical isolates than in aquatic isolates.
Resistance patterns showed extreme heterogeneity across studies.
Effluent-impacted waters showed higher resistance than non-effluent sources.
Higher environmental resistance in some classes reflected methodological artifacts.

1. Introduction

Antibiotics are bioactive compounds capable of inhibiting bacterial growth or causing cell death through mechanisms such as disruption of cell wall or membrane integrity, inhibition of protein or nucleic acid synthesis, and selective toxicity toward microbial targets [1]. However, the widespread and often inappropriate use of these agents has intensified selective

pressure on microorganisms, enabling them to develop antimicrobial resistance (AMR), defined as the capacity to survive and proliferate despite exposure to drugs that were previously effective [2]. Today, AMR poses a clear and present danger to global public health, threatening to roll back a century of medical advancements [3].

The molecular strategies underlying AMR are both varied and highly effective. Bacteria employ defenses such as producing enzymes to neutralize antibiotics, altering cell walls to limit drug entry, modifying molecular targets or developing alternative metabolic routes [1,2]. Through these strategies, resistant pathogens are able to persist and circulate not only within hospitals but across communities, making infectious diseases increasingly difficult to manage.

Resistance often begins with a spontaneous genetic mutation, which may become dominant within pathogen populations after the introduction of new antimicrobial agents, although this timeline varies across species and drugs [4]. Evolutionary pressure for resistance is amplified in environments where microbes are exposed to low, non-lethal concentrations of antibiotics, a common scenario in agricultural areas, wastewater treatment plants, and natural aquatic systems [3,5]. In clinic settings, this process is further accelerated by inappropriate prescribing, incomplete treatment courses, and the circulation of substandard medicines [2,3]. This interaction among human, animal, and environmental determinants highlights the necessity of a One Health approach to address antimicrobial resistance effectively [6,7].

Recognizing this growing threat, the World Health Organization (WHO) established its Bacterial Priority Pathogens List (BPPL), which ranks pathogens according to their risk to human health [8]. Among these, the ESKAPE pathogens (*Enterococcus faecium*, *Staphylococcus aureus*, *Klebsiella pneumoniae*, *Acinetobacter baumannii*, *Pseudomonas aeruginosa*, and *Enterobacter* spp.) are notable for causing severe healthcare-associated infections and for their capacity to acquire and disseminate resistance genes [9–11]. These organisms pose a particular threat to vulnerable patient populations.

Although ESKAPE pathogens have long been recognized as major clinical challenges, there is increasing evidence that they are widely distributed beyond hospital settings, including in

soil [12], food products [13], and aquatic environments such as rivers [14], drinking water sources [15] and sewage systems [13,16]. Aquatic environments, in particular, act as important reservoirs and transmission pathways for AMR, as they continuously receive inputs from wastewater effluent, agricultural runoff, agriculture runoff, and animal waste, facilitating the persistence and spread of resistant bacteria [13,17].

Because human, animal and environmental health are intrinsically interconnected, a One Health framework is essential for a comprehensive understanding of AMR. Within this context, identifying environmental reservoirs and comparing resistance patterns across ecological compartments are critical for understanding transmission pathways [18,19]. Accordingly, this systematic review and meta-analysis aimed to evaluate the prevalence of AMR in ESKAPE pathogens from water and wastewater and to compare these estimates with resistance patterns observed in clinical isolates.

2. Methods

This systematic review under the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) guidelines [20,21]. A prospective protocol was formulated and uploaded to PROSPERO (CRD420251020930).

2.1 Search strategy and study selection

This systematic review was conducted in accordance with the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) guidelines. A comprehensive literature search was performed in PubMed, Embase, and the Cochrane Library to identify all relevant studies published up to January 14, 2025, selected for their broad coverage of biochemical and environmental health literature.

The search strategy combined keywords and subject headings related to antimicrobial resistance, ESKAPE pathogens, and aquatic environments (Supplementary Table 1). No language or publication date restrictions were applied. All records were imported into Zotero for bibliographic management, and duplicates were removed.

141 Reference lists of included articles were manually screened to identify additional relevant
142 studies. Study selection was conducted in two phases: initial screening of titles and abstracts
143 by four independent reviewers, followed by full-text assessment by two reviewers.
144 Disagreements were resolved through discussion and consensus. The complete selection
145 process and reasons for exclusion are presented in the PRISMA flow diagram (Figure 1).
146

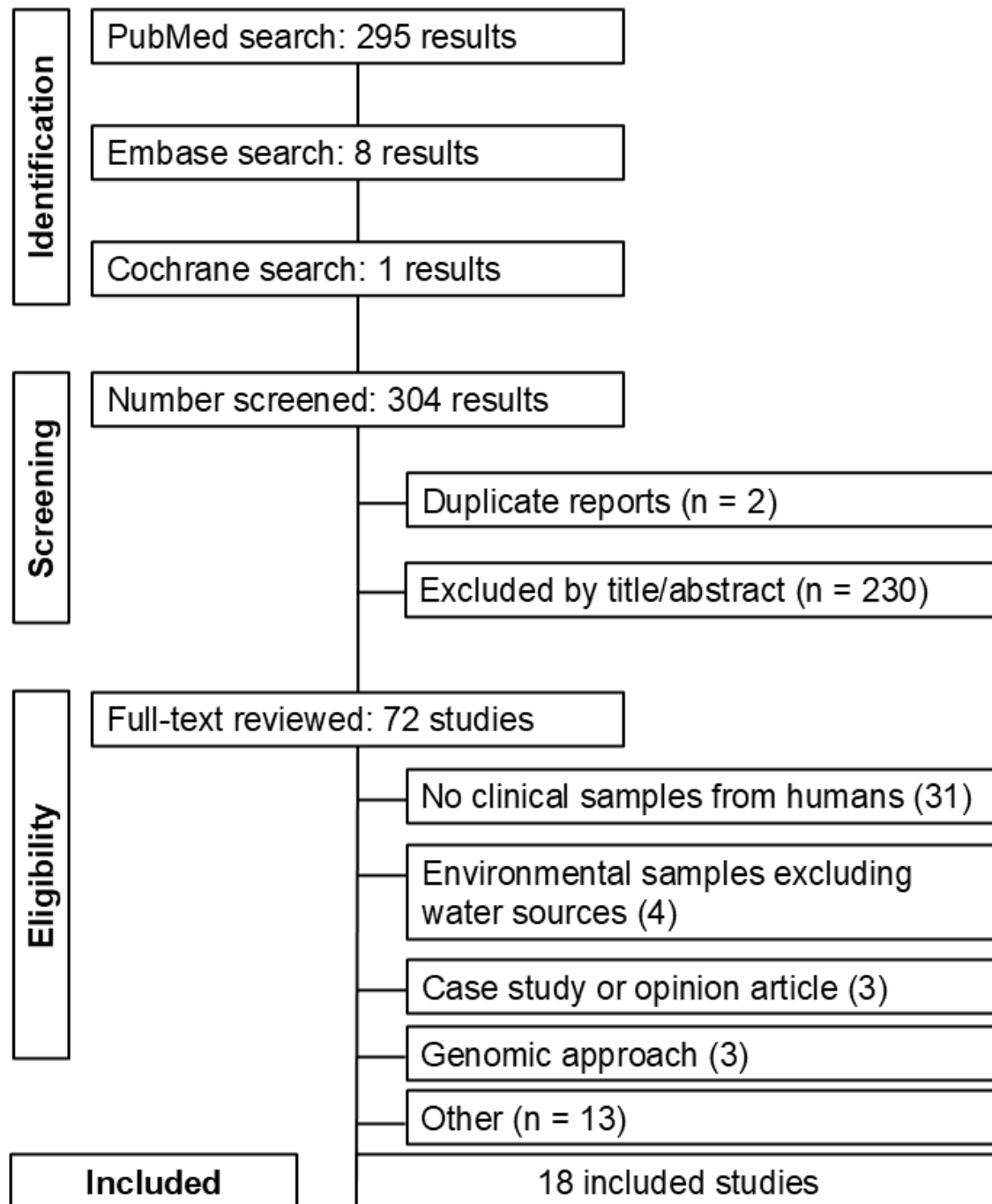


Figure 1. PRISMA flow diagram of study screening and selection.

2.2 Eligibility criteria

Included articles were original research published in English reporting AMR in one or more ESKAPE pathogens, with culture-based resistance data from isolates obtained from both environmental matrices (such as water or wastewater) and human clinical samples. Studies were excluded if they were not original research (e.g., reviews, commentaries, editorials, protocols, or case reports without a comparative component), were not focused on ESKAPE pathogens, lacked isolates from either environmental or clinical sources, or relied exclusively on culture-independent approaches without corresponding antimicrobial susceptibility data. Articles not available in full text or lacking a persistent identifier (e.g., DOI) were also excluded. Eligibility criteria were independently applied by two reviewers, with disagreements resolved through discussion and consensus.

2.3 Data Sources and Extraction

Data from all eligible studies were systematically extracted by two independent reviewers using a standardized data collection form capturing bibliographic details (first author and year), pathogen, geographic location (country and continent), sample types (environmental and clinical), number of resistant isolates and antibiotics. For each pathogen, the number of isolates recovered, and the number identified as resistant to specific antimicrobial agents were extracted. Discrepancies between reviewers were resolved through discussion and consensus.

2.4 Data analysis

The primary outcome of this meta-analysis was the prevalence of AMR, defined as the proportion of resistant isolates for each specific pathogen-antibiotic combination within each study. For each included study, we extracted the total number of isolates tested, the number of resistant isolates, the specific antibiotic, and the sample source (environmental or clinical). Each unique study–microorganism–antibiotic–source was treated as an independent effect size (Supplementary table 2).

Pooled resistance prevalence was estimated using binomial–normal generalized linear mixed models (GLMMs) with a logit link function [22], accounting for within- and between-study variability. Pooled logit-transformed estimates and corresponding 95% confidence intervals (CIs) were back-transformed to proportions. Between-study heterogeneity was assessed using Cochran's Q test [23], τ^2 (maximum likelihood ratio test), and the I^2 and H^2 statistics [23]. Homogeneity ($\tau^2 = 0$) was evaluated using Wald and likelihood-ratio tests. Analyses were conducted for the full dataset and stratified by clinical and environmental sources. Forest plots were generated by antibiotic class, displaying pooled prevalence estimates for clinical and environmental samples, with antibiotics ordered by overall mean resistance. Small-study effects were assessed using contour-enhanced funnel plots of logit-transformed proportions and Egger's regression test, applied when at least five independent studies were available. All analyses were performed in R (version 4.2.2) [24] using the metafor [25] and meta [26] packages.

3. Results

3.1 Search and screening results

From this subset, 18 studies met the inclusion criteria and were included in the review. The main reason for exclusion during full-text screening were the absence of phenotypic AMR data, exclusive use of genomic or metagenomic approaches, pre-selection of resistant isolates precluding incidence comparisons, or study scope outside our criteria (e.g., ICU-only or exclusively veterinary samples). One additional study was qualitatively relevant but excluded from the quantitative synthesis due to the lack of isolate incidence data [27]. Consequently, the final meta-analysis was based on data from 18 included studies [28–45].

4. Study characteristics

4.1 Isolate distribution by pathogen

The included studies varied considerably in scale, with sample sizes ranging from four isolates [42] to over 300 isolates [45]. The majority of studies investigated Enterococcus

faecium [28,30,31,34,35,44], *Pseudomonas aeruginosa* [29,32,33,37,40], or *Klebsiella pneumoniae* [38,42,43]. In contrast, other ESKAPE pathogens were less frequently represented; *Staphylococcus aureus* [41], *Acinetobacter baumannii* [39], and other *Klebsiella* species [45] were each addressed in a single study. No eligible studies reported isolates belonging to the genus *Enterobacter* (Supplementary Table 3).

4.2 Geographic distribution

The geographical distribution of the included studies is illustrated in Figure 2. Most studies were conducted in Europe, followed by Asia. Africa and Oceania were represented by an equal, smaller number of studies, and North America was the location for a single study. At the national level, Australia was the most frequent study location with three publications. A single study was contributed by each of the following countries: China, Croatia, the Czech Republic, Ethiopia, France, Greece, India, Iran, Italy, Japan, Mexico, Nigeria, Portugal, South Korea, and Spain. The research included in this review covers a period of more than two decades, with the earliest study published in 1999 and the most recent in 2024.

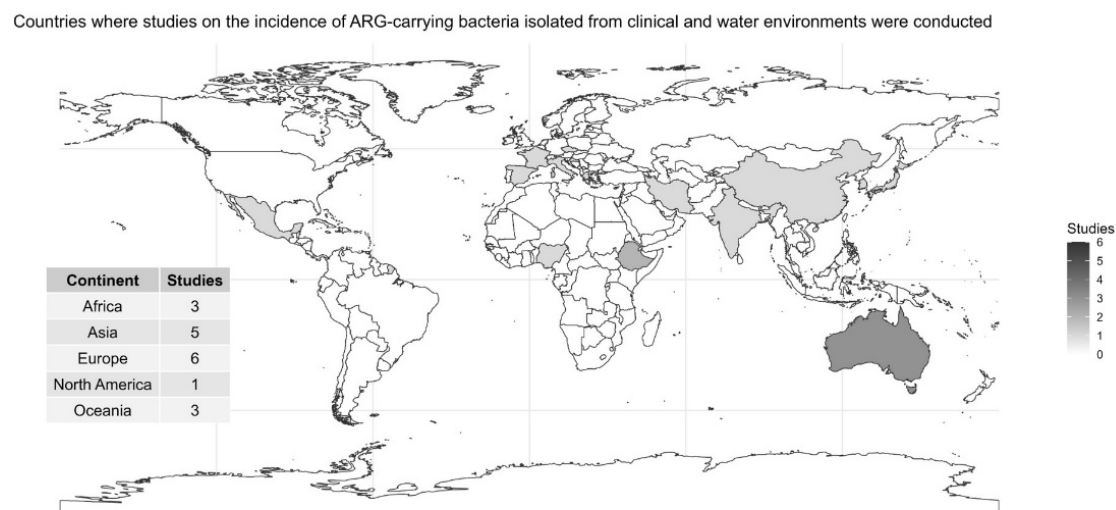


Figure 2. Geographic distribution of research articles investigating antimicrobial resistance in ESKAPE pathogens isolated from clinical and aquatic environments.

4.3 Meta-analysis of Antimicrobial Resistance Rates

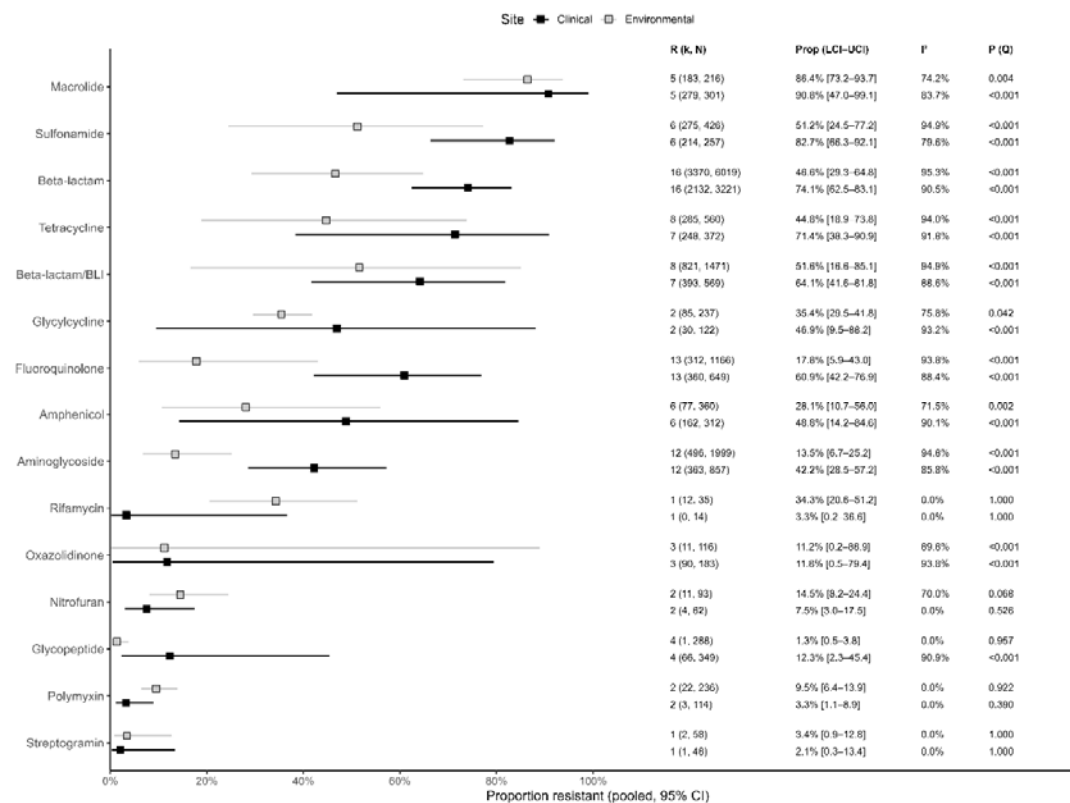
A meta-analysis was performed to evaluate AMR rates of ESKAPE pathogens across 15 antimicrobial classes and 45 corresponding antibiotic subgroups (Supplementary Figure 1). High heterogeneity was observed across studies ($\tau^2 = 14.11$; $I^2 = 98.76\%$; $H^2 = 80.45$), as confirmed by Wald and likelihood ratio tests. The overall pooled mean resistance proportion was 0.46 (95% CI: 0.36–0.57).

When stratified by sample origin, heterogeneity remained substantial. Clinical samples showed a pooled mean resistance of 0.67 (95% CI: 0.55–0.77; $\tau^2 = 9.62$; $I^2 = 97.93\%$; $H^2 = 48.32$), whereas environmental samples exhibited a lower pooled mean resistance of 0.24 (95% CI: 0.14–0.39) with even greater heterogeneity ($\tau^2 = 17.24$; $I^2 = 99.08\%$; $H^2 = 108.54$) (Supplementary Table 4).

4.3.1 Subgroup analysis by class of antibiotics

A subgroup analysis stratified by sample origin revealed distinct resistance patterns across antibiotic classes. Clinical isolates generally exhibited higher resistance rates than environmental isolates; however, this pattern was reversed for a few classes, including Rifamycins (34.3% environmental vs. 3.3% clinical), Nitrofurans (14.5% vs. 7.5%), Polymyxins (9.5% vs. 3.3%), and Streptogramins (3.4% vs. 2.1%) (Figure 3). The highest pooled resistance estimates were observed for Macrolides in both clinical (90.6%) and environmental (86.4%) isolates, followed by Sulfonamides (82.7% vs. 51.2%), β -lactams (74.1% vs. 46.6%), Tetracyclines (71.4% vs. 44.8%), and β -lactam/ β -lactamase inhibitor (BL/BLI) combinations (64.1% vs. 51.6%). Intermediate resistance levels were found for Glycylcyclines (46.9% clinical vs. 35.4% environmental), Fluoroquinolones (60.9% vs. 17.8%), Amphenicols (48.8% vs. 28.1%), Aminoglycosides (42.2% vs. 13.5%), and Oxazolidinones, which showed similar rates in both settings (11.8% vs. 11.2%). The lowest resistance proportions were observed for Glycopeptides, with higher values in clinical (12.3%) than in environmental (1.3%) samples (Figure 3).

255



256

257 Figure 3. Forest plot of the proportion of antibiotic resistance for the different antibiotic
258 classes.

259

260 4.3.2 Subgroup analysis by antibiotics

261 Analysis at the individual antibiotic level revealed that resistance was generally higher in
262 clinical than in environmental samples for most drugs evaluated (Supplementary Figure 2).

263 The largest discrepancies were observed for ofloxacin, teicoplanin, and vancomycin, with
264 resistance approximately 20-, 14-, and 7-fold higher in clinical samples, respectively. Marked
265 differences were also noted for netilmicin (4.1-fold) and norfloxacin (4-fold).

266 In contrast, a limited number of antimicrobials exhibited higher resistance in environmental
267 settings, including rifampin (34.3% vs. 3.3% in clinical), cefpodoxime-proxetil (99.3% vs.
268 34.8%), nitrofurantoin (14.5% vs. 7.5%), colistin (9.5% vs. 3.3%), and quinupristin-
269 dalfopristin (3.4% vs. 2.1%). For several antibiotics (cefuroxime, ampicillin-clavulanic acid,

cefoperazone, oxazolidinones, and erythromycin) resistance estimates were similar across both environments.

4.3.3 Subgroup analysis by water matrices

To assess the impact of effluents on AMR, environmental studies were grouped into two subsets: those including at least one effluent-derived source [28,30,31,35,37,39,43,45] and those sampling exclusively from non-effluent waters [29,29,30,34,38,40–42,44]. As most reports did not stratify results by water type, this classification was applied at the study level. Across analyses, between-study heterogeneity remained high ($I^2 \approx 98\%$) and statistically significant, indicating true variability among studies. Between-effect variance (τ^2) was consistently higher in environmental datasets, with the greatest variance observed in non-effluent waters, suggesting more heterogeneous AMR levels in natural aquatic environments. In contrast, studies including effluents showed lower (τ^2), indicating more consistent AMR levels in effluent-impacted settings.

Pooled AMR prevalence was highest in clinical samples compared with both environmental subsets. Within environmental studies, prevalence was significantly higher effluent-including datasets (0.28; 95% CI: 0.17–0.44) than in non-effluent studies (0.15; 95% CI: 0.03–0.49). Conversely, clinical AMR prevalence was lower in studies that also sampled effluents (0.59; 95% CI: 0.58–0.59) than in those without effluent sampling (0.76; 95% CI: 0.63–0.85) (Supplementary Table 4).

4.3.4 Assessment of small-study effects and heterogeneity

Potential small-study effects were assessed using funnel plots and Egger's regression test for antibiotic classes with at least five available studies, stratified by clinical and environmental samples (Supplementary Figures 3 and Supplementary Table 5). Significant asymmetry was detected for aminoglycosides ($t = -2.6$, $p = 0.02$) and fluoroquinolones ($t = -3.41$, $p < 0.001$) in environmental samples, and for β -lactams in clinical samples ($t = 4.53$, $p < 0.001$) (Supplementary Table 5).

298

299 **5. Discussion**

300 **5.1 Search and screening results**

301 This systematic review and meta-analysis compared AMR in ESKAPE pathogens from
302 aquatic and clinical sources, identifying 18 eligible studies for inclusion. The limited number
303 of studies highlights a persistent gap in AMR research, particularly the lack of direct
304 comparative analysis integrating environmental and clinical isolates within a One Health
305 framework [7].

306 Although culture-based approaches capture only a small fraction of environmental microbial
307 diversity [46], they provide direct evidence of phenotypic resistance by demonstrating the
308 survival of viable bacteria under antimicrobial exposure. This functional confirmation allows a
309 more reliable assessment of active resistance potential across environmental and clinical
310 compartments [47].

311

312 **5.2 Study characteristics**

313 **5.2.1 Isolate distribution by pathogen**

314 In this review, the most frequently reported ESKAPE pathogens were *E. faecium*, *P.*
315 *aeruginosa*, and *K. pneumoniae*, all well-documented opportunistic pathogens associated
316 with multidrug resistance and healthcare-associated infections [13,48]. Their predominance
317 in studies comparing clinical and environmental samples likely reflects their ecological
318 adaptability, allowing persistence across diverse niches and facilitating recovery under
319 laboratory conditions.

320 *E. faecium* is a ubiquitous organism found in sources ranging from animal gastrointestinal
321 tracts to water, soil, and wastewater, largely due to its tolerance to adverse conditions such
322 as variations in temperature, salinity, and pH [12,13]. Similarly, *P. aeruginosa* is an
323 ecologically versatile species common in water and soil, whose metabolic flexibility and
324 capacity to form biofilms support persistence in both natural and hospital ecosystems [49]. *K.*

pneumoniae also occupied diverse niches, being frequently detected in water and soil and capable of surviving under both aerobic and anaerobic conditions [14].

In contrast, *S. aureus* and *A. baumannii* exhibit narrower ecological ranges. *S. aureus* is primarily adapted to colonize human skin and mucosa and is typically detected at lower concentrations in environmental samples [15,50], whereas *A. baumannii* remains predominantly associated with hospital environments, despite occasional recovery from soil or water [51].

No eligible studies reported *Enterobacter* species. Although members of this genus have been detected in soil, wastewater, and aquatic ecosystems [16], their absence may reflect lower prevalence in human infections compared to other ESKAPE pathogens [52], as well as challenges in species-level identification using conventional methods.

5.2.2 Geographic distribution

The geographic distribution of the included studies indicates a marked bias in AMR research on ESKAPE pathogens, with most studies conducted in high-income countries. This pattern likely reflects differences in research infrastructure, funding availability, and maturity of AMR surveillance programs. Such disparities are captured by the Global One Health Index for AMR (GOHI-AMR), which consistently shows higher scores for high-income countries [53], reinforcing the impact of unequal monitoring capacity and research development on the global AMR evidence base.

5.3 Meta-analysis

5.3.1 Sources of Inter-Study Heterogeneity

High between-study heterogeneity persisted even after dataset stratifying, indicating that the observed variability reflects genuine methodological and ecological differences rather than sampling error. Environmental studies retained substantial heterogeneity even when divided into effluent and non-effluent subsets, largely driven by diversity in sample matrices and variations in laboratory methods, which directly influence observed resistance proportions.

353

354 **5.3.2 Ecological Heterogeneity: The Role of Sample Matrix**

355 A major driver of variability was the pooling of multiple, ecologically distinct sample types
 356 within single studies. For example, Giri et al. [43] combined residential well water and fish-
 357 market effluent, while Pinto et al. [28] analyzed samples ranging from compost and
 358 swimming pools to marine water and wastewater. Aggregating such heterogeneous matrices
 359 introduces substantial ecological noise, as each environment is subject to distinct selective
 360 pressure. In contrast, studies focusing exclusively on wastewater matrices [31,39] may
 361 reduce this variability but often still report high resistance levels. Wastewater represents a
 362 well-established hotspot, enriched with antimicrobial residues, metals, and dense microbial
 363 communities that promote the selection and dissemination of resistance genes, thereby
 364 elevating observed resistance proportions [54].

365

366 **5.3.3 Methodological Heterogeneity: The Impact of Isolation Techniques**

367 A second major source of variability was the laboratory methodology used for bacterial
 368 isolation. Some studies employed antibiotic-supplemented media to enhance recovery of
 369 resistant isolates such as the use of gentamicin-, cefotaxime-, or meropenem- containing
 370 media [31,45]. Although effective for targeting resistant strains, this pre-selection approach
 371 inflates resistance estimates compared with studies using non-selective media. In contrast,
 372 other investigations relied on standard differential media, including MacConkey agar [43] or
 373 cefrimide agar [37], which do not artificially enrich resistant subpopulations. These
 374 differences in isolation strategies limit direct cross-study comparisons and substantially
 375 contribute to the heterogeneity observed in this meta-analysis (Supplementary table 3).

376

377 **5.3.4 Subgroup analysis by class of antibiotics and antibiotics**

378 **Higher Resistance in Clinical Isolates**

379 The pooled prevalence of resistant ESKAPE isolates was consistently higher in clinical
 380 samples than in environmental ones, even after stratifying environmental data into effluent

and non-effluent subsets. This finding is consistent with large-scale clinical syntheses showing a marked temporal escalation of antimicrobial resistance in ESKAPE pathogens; notably, a nationwide review from India documented a substantial increase in resistance rates across multiple antibiotic classes over the 2010–2020 decade, with the highest resistance levels observed in the latter half of the period [55]. This pattern reflects the strong selective pressures typical of healthcare settings, including intensive antibiotic use, frequent invasive procedures, high patient density, and the concentration of vulnerable populations, all of which favor the selection and dissemination of resistant strains [3].

Higher Environmental Resistance for Four Antibiotic Classes

In contrast, rifamycins, nitrofurans, polymyxins, and streptogramins showed higher pooled resistance in environmental isolates. However, this pattern does not appear to represent a true ecological signal but rather an artifact driven by specific study contexts and methodologies. The studies contributing most to this finding primarily sampled wastewater from a limited number of locations (Mexico [35], Iran [31], and the Czech Republic [45]). The sole exception was a study from Australia [42], which analyzed river water but was based on a very small sample size. Importantly, several of these studies employed selective isolation approaches, including pre-selection for high-level gentamicin resistance [31] or the use of antibiotic-supplemented media [45], which artificially enrich resistant phenotypes and inflate resistance estimates in environmental samples, thereby confounding direct comparisons with clinical isolates.

5.3.5 Small-Study Effects Driven by Uneven Antibiotic Representation

Significant funnel plot asymmetry was observed for aminoglycosides and fluoroquinolones in environmental samples and for β -lactams in clinical samples. Although such asymmetry is often interpreted as publication bias, our findings indicate that it is more plausibly explained by methodological heterogeneity, particularly the uneven representation of individual antibiotics within each aggregated class.

For environmental aminoglycosides (resistance range: 5.2%–65.6%), netilmicin data were derived from only two studies [30,45], whereas gentamicin was assessed in twelve [29,30,32–35,37,39,41–43,45]. A similar imbalance was observed for fluoroquinolones (range: 0.6%–83.7%), with norfloxacin evaluated in only two studies [30,37] and ciprofloxacin in eleven [30,31,33,34,37–39,42–45]. The negative t-values indicate that smaller studies tended to report higher resistance, likely reflecting the influence of sparsely tested antibiotics with high resistance estimates.

An inverse pattern was observed for clinical β -lactams (range: 11.3%–99.3%), where smaller studies reported lower resistance. This is consistent with aggregation of rarely tested agents such as cefpodoxime-proxetil, assessed in a single study [45], with widely tested antibiotics imipenem, included in ten studies [28–31,33–35,42,43,45].

Overall, these small-study effects do not reflect classic publication bias but arise from the aggregation of heterogeneous data at the antibiotic-class level. This underscores a key methodological challenge in AMR meta-analyses: uneven representation of individual drugs can distort heterogeneity assessments and generate misleading statistical signals.

6. Conclusion

This meta-analysis reveals a complex and highly heterogeneous landscape of AMR in ESKAPE pathogens across clinical and environmental settings. Our findings confirm that resistance prevalence is significantly higher in clinical isolates, reflecting the intense selective pressures in healthcare environments characterized by high antibiotic use and vulnerable patient populations. However, this overall pattern is strongly influenced by substantial methodological and ecological heterogeneity among studies. This high statistical heterogeneity observed was not merely a sampling artifact but a genuine reflection of variability in the primary literature, driven by the pooling of distinct environmental matrices and the lack of standardized laboratory protocols.

These limitations were most evident in the anomalous finding that rifamycins, nitrofurans, polymyxins, and streptogramins showed higher resistance in environmental samples. This

counterintuitive result did not represent a true ecological signal but rather an artifact arising from a small number of studies focused on wastewater hotspots and employing enrichment techniques that inflate resistance estimates. Consistently, Egger's test indicated that funnel plot asymmetry for aminoglycosides, fluoroquinolones, and β -lactams was not indicative of publication bias but instead reflected uneven representation of individual antibiotics within aggregated classes.

In summary, although antimicrobial resistance remains more concentrated in clinical settings, our synthesis highlights a critical limitation in current AMR research: the lack of standardized sampling and analytical frameworks severely constrains data integration. The contribution of environmental reservoirs to the clinical AMR burden cannot be accurately quantified until harmonized methodologies are adopted. Future studies should prioritize standardized protocols to improve comparability and enable a clearer understanding of transmission dynamics between environmental and clinical compartments.

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Author contribution

A. B. M. Vaz: Conceptualization, Data curation, Formal analysis, Investigation, Methodology, Project administration, Writing – original draft

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B. Lopes: Conceptualization, Data curation

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W. K. Oliveira: Conceptualization, Methodology

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C. R. Mota: Writing – review and editing

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Declaration of generative AI use

During the preparation of this work, the author(s) used Resea in order to improve the clarity, conciseness, and overall readability of the manuscript. After using this service, the author(s) reviewed and edited the content as needed and took full responsibility for the content of the published article.

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Supplementary files

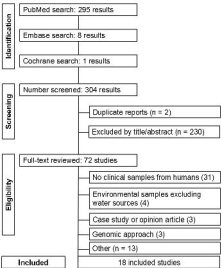
Supplementary Figure 1. Comparison of pooled antimicrobial resistance proportions between clinical and environmental bacterial isolates by antimicrobial class and agent.

Supplementary Figure 2. Forest plots of pooled antimicrobial resistance proportions by antibiotic class comparing clinical and environmental bacterial isolates.

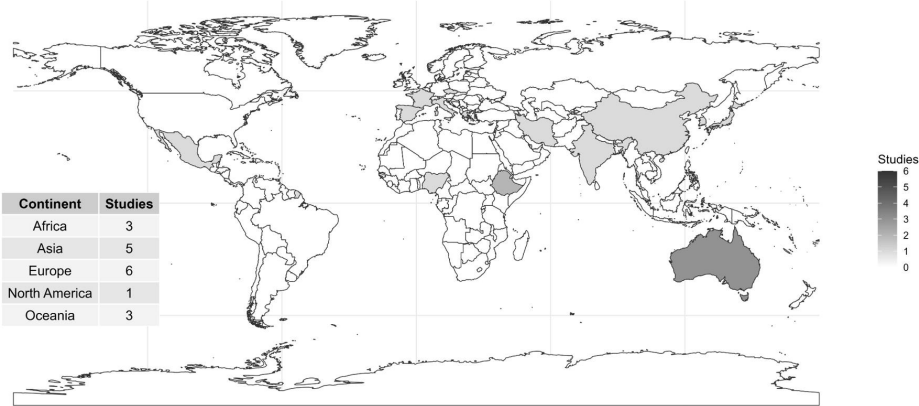
Supplementary Figure 3. Funnel plots of pooled antimicrobial resistance estimates for clinical and environmental isolates by antibiotic class.

Supplementary table 1. Search terms

655 **Supplementary table 2.** Characteristics of included studies and antimicrobial resistance
656 profiles of bacterial isolates from clinical and environmental sources.
657 **Supplementary table 3.** Overview of clinical and environmental samples, sample sources,
658 number of isolates, geographic distribution, ESCAPE pathogens, isolation methods and
659 identification techniques in the included studies.
660 **Supplementary table 4.** Pooled antimicrobial resistance and heterogeneity metrics by site
661 (clinical and environmental) and dataset type (all, with effluent, without effluent.
662 **Supplementary table 5.** Publication heterogeneity on the patterns of antimicrobial
663 resistance in clinical and environmental samples.



Countries where studies on the incidence of ARG-carrying bacteria isolated from clinical and water environments were conducted



Site ■ Clinical □ Environmental

