

Supplementary file

Preconception indicators and associations with health outcomes reported in UK routine primary care data: a systematic review

Danielle Schoenaker, Elizabeth M Lovegrove, Emma H Cassinelli, Jennifer Hall, Majel McGranahan, Laura McGowan, Helen Carr, Nisreen A Alwan, Judith Stephenson, Keith M Godfrey

Table S1. Search strategy used for each database	Page 2
Table S2. Data quality: prevalence studies	Page 4
Table S3A. Data quality: association studies (case-control studies)	Page 7
Table S3B. Data quality: association studies (cohort studies)	Page 7
Table S4. Characteristics of included studies reporting on the prevalence of preconception indicators in sub-population(s)	Page 11
Table S5. In- and exclusion criteria of study populations	Page 16
References	Page 20

Table S1. Search strategy used for each database

MEDLINE (Ovid) ((Exp Preconception Care or Reproduction or Parents or (pre?conception or pre?conceptual or pre?pregnancy or reproductive* or conception or childbearing* or parent*).mp) and (Primary Health Care or General Practice or Family Practice or (primary care or general practice or GP or NHS or National Health Service).mp) and (UK or United Kingdom or Great Britain or England or Wales or Scotland or Northern Ireland or General Practice Research Database or General Practice Research Datalink or GPRD or Clinical Practice Research Database or Clinical Practice Research Datalink or CPRD or Health Improvement Network or THIN or QResearch or RCGP or National Diabetes Audit or Secure Anonymised Information Linkage or SAIL or Enhanced Prescribing Database or Scottish Primary Care Information Resources or SPIRE or Primary Care Clinical Informatics Unit Research or PCCIUR or Welsh Longitudinal General Practice Dataset or WLGP or Optimum Patient Care Research Database or OPCRD).mp))
EMBASE (Ovid) ((Exp Preconception Care or Reproduction or Parents or (pre?conception or pre?conceptual or pre?pregnancy or reproductive* or conception or childbearing* or parent*). ti,ab,tw) and (Primary Health Care or General Practice or Family Practice or (primary care or general practice or GP or NHS or National Health Service). ti,ab,tw) and (UK or United Kingdom or Great Britain or England or Wales or Scotland or Northern Ireland or General Practice Research Database or General Practice Research Datalink or GPRD or Clinical Practice Research Database or Clinical Practice Research Datalink or CPRD or Health Improvement Network or THIN or QResearch or RCGP or National Diabetes Audit or Secure Anonymised Information Linkage or SAIL or Enhanced Prescribing Database or Scottish Primary Care Information Resources or SPIRE or Primary Care Clinical Informatics Unit Research or PCCIUR or Welsh Longitudinal General Practice Dataset or WLGP or Optimum Patient Care Research Database or OPCRD).ti,ab,tw))
Scopus (TITLE-ABS-KEY (pre?conception OR pre?conceptual OR pre?pregnancy OR reproductive* OR contraception OR childbearing* OR parent*) AND TITLE-ABS-KEY ("primary care" OR "general practice" OR gp OR nhs OR "National Health Service") AND TITLE-ABS-KEY ((uk OR "United Kingdom" OR "Great Britain" OR england OR wales OR scotland OR "Northern Ireland" OR "General Practice Research Database" OR "General Practice Research Datalink" OR GPRD OR "Clinical Practice Research Database" OR "Clinical Practice Research Datalink" OR CPRD OR "Health Improvement Network" OR thin OR QResearch OR RCGP OR "National Diabetes Audit" OR "Secure Anonymised Information Linkage" OR SAIL OR "Enhanced Prescribing Database" OR "Scottish Primary Care Information Resources" OR SPIRE OR "Primary Care Clinical Informatics Unit Research" OR PCCIUR OR "Welsh Longitudinal General Practice Dataset" OR WLGP OR "Optimum Patient Care Research Database" OR OPCRD)))
CINAHL ((AB (pre?conception or pre?conceptual or pre?pregnancy or reproductive* or contraception or childbearing* or parent*)) and (AB ("primary care" or "general practice" or GP or NHS or "National Health Service")) and AB ((UK or "United Kingdom" or "Great Britain" or England or Wales or Scotland or "Northern Ireland" or "General Practice Research Database" or "General Practice Research Datalink" or GPRD or "Clinical Practice Research Database" or "Clinical Practice Research Datalink" or CPRD or "Health Improvement Network" or THIN or QResearch or RCGP or "National Diabetes Audit" or "Secure Anonymised Information Linkage" or SAIL or "Enhanced Prescribing Database" or "Scottish Primary Care Information Resources" or SPIRE or "Primary Care Clinical Informatics Unit Research" or PCCIUR or "Welsh Longitudinal General Practice Dataset" or WLGP or "Optimum Patient Care Research Database" or OPCRD)) or (TI (pre?conception or pre?conceptual or pre?pregnancy or reproductive* or contraception or childbearing* or parent*)) and (TI ("primary care" or "general practice" or GP or NHS or "National Health Service")) and TI ((UK or "United Kingdom" or "Great Britain" or England or Wales or Scotland or "Northern Ireland"

or "General Practice Research Database" or "General Practice Research Datalink" or GPRD or "Clinical Practice Research Database" or "Clinical Practice Research Datalink" or CPRD or "Health Improvement Network" or THIN or QResearch or RCGP or "National Diabetes Audit" or "Secure Anonymised Information Linkage" or SAIL or "Enhanced Prescribing Database" or "Scottish Primary Care Information Resources" or SPIRE or "Primary Care Clinical Informatics Unit Research" or PCCIUR or "Welsh Longitudinal General Practice Dataset" or WLGP or "Optimum Patient Care Research Database" or OPCRD))

Web of Science

((((TI=(pre?conception or pre?conceptual or pre?pregnancy or reproductive* or contraception or childbearing* or parent*)) OR (AB=(pre?conception or pre?conceptual or pre?pregnancy or reproductive* or contraception or childbearing* or parent*))) AND ((TI=("primary care" or "general practice" or GP or NHS or "National Health Service")) OR (AB=("primary care" or "general practice" or GP or NHS or "National Health Service")))) AND ((TI=(UK or "United Kingdom" or "Great Britain" or England or Wales or Scotland or "Northern Ireland" or "General Practice Research Database" or "General Practice Research Datalink" or GPRD or "Clinical Practice Research Database" or "Clinical Practice Research Datalink" or CPRD or "Health Improvement Network" or THIN or QResearch or RCGP or "National Diabetes Audit" or "Secure Anonymised Information Linkage" or SAIL or "Enhanced Prescribing Database" or "Scottish Primary Care Information Resources" or SPIRE or "Primary Care Clinical Informatics Unit Research" or PCCIUR or "Welsh Longitudinal General Practice Dataset" or WLGP or "Optimum Patient Care Research Database" or OPCRD)) OR (AB=(UK or "United Kingdom" or "Great Britain" or England or Wales or Scotland or "Northern Ireland" or "General Practice Research Database" or "General Practice Research Datalink" or GPRD or "Clinical Practice Research Database" or "Clinical Practice Research Datalink" or CPRD or "Health Improvement Network" or THIN or QResearch or RCGP or "National Diabetes Audit" or "Secure Anonymised Information Linkage" or SAIL or "Enhanced Prescribing Database" or "Scottish Primary Care Information Resources" or SPIRE or "Primary Care Clinical Informatics Unit Research" or PCCIUR or "Welsh Longitudinal General Practice Dataset" or WLGP or "Optimum Patient Care Research Database" or OPCRD))))

Table S2. Data quality: prevalence studies

First author, year (reference)	Representativeness	Sampling frame	Selection	Non-response	Data collection	Indicator definition	Reliable measurement	Similar measurement	Prevalence period	Appropriate numerator and denominator	Risk of bias rating
Ban, 2012 ⁽¹⁾	1	1	0	N/R	0	0	0	0	0	0	Low risk
Ban, 2015 (2) ⁽²⁾	0	0	0	N/R	0	0	1	0	0	0	Low risk
Briggs, 2013 ⁽³⁾	0	0	0	N/R	0	1	1	0	0	0	Low risk
Cea Soriano, 2013 ⁽⁴⁾	0	1	0	N/R	0	0	1	0	0	0	Low risk
Cea Soriano, 2014 ⁽⁵⁾	0	1	0	0	0	0	1	0	0	0	Low risk
Cea Soriano, 2018 ⁽⁶⁾	1	1	0	N/R	0	0	0	0	0	0	Low risk
Coton, 2016 ⁽⁷⁾	1	1	0	N/R	0	0	0	0	0	0	Low risk
Dave, 2010 ⁽⁸⁾	1	1	0	N/R	0	1	1	0	0	0	Moderate risk
den Heijer, 2019 ⁽⁹⁾	0	0	0	1	0	1	1	0	0	0	Low risk
Dhalwani, 2013 ⁽¹⁰⁾	0	0	0	0	0	0	1	0	0	0	Low risk
Gaudio, 2021 ⁽¹¹⁾	0	0	0	1	0	1	0	0	0	0	Low risk
Gaudio, 2022 ⁽¹²⁾	0	0	0	N/R	0	1	1	0	0	0	Low risk
Given, 2020 ⁽¹³⁾	0	0	0	N/R	0	0	1	0	0	0	Low risk
Hope, 2022 ⁽¹⁴⁾	0	0	0	1	0	1	0	0	0	0	Low risk
Lee, 2022 ⁽¹⁵⁾	1	1	0	1	0	1	0	0	0	0	Moderate risk
Pasvol, 2022 ⁽¹⁶⁾	0	0	0	1	0	1	1	0	0	0	Low risk
Rowlands, 2000 ⁽¹⁷⁾	0	0	0	N/R	0	1	1	0	0	0	Low risk
Smith, 2020 ⁽¹⁸⁾	1	1	0	1	0	0	0	0	0	0	Low risk
Subramanian, 2022 ⁽¹⁹⁾	1	1	1	1	0	0	1	0	0	0	Moderate risk
Syed, 2022 ⁽²⁰⁾	1	1	0	0	0	0	1	0	0	0	Low risk

Wemakor, 2014 (²¹)	0	0	0	1	0	1	1	0	0	0	Low risk
------------------------------------	---	---	---	---	---	---	---	---	---	---	----------

N/R, not reported.

Scoring guide:

Risk of bias tool for population-based prevalence studies based on Hoy et al (ref)

External validity

1. Was the study's target population a close representation of the general population of people of reproductive age (in terms of socio-demographic characteristics)?

Yes = 0

No = 1

2. Was the sampling frame a true or close representation of the target population?

Yes = 0

No = 1

3. Was some form of random selection used to select the sample, or was a census undertaken?

Yes = 0

No = 1

4. Was the likelihood of non-response bias minimal?

Yes = 0 (*response rate was $\geq 80\%$, or an analysis showed no significant differences in socio-demographic characteristics between patients included and lost due to non-response/missing data*)

No = 1 (*response rate was $< 80\%$, or if analysis comparing included and excluded patients was done it showed a significant difference in socio-demographic characteristics*)

Internal validity

5. Were data collected directly from patients (as opposed to a proxy)?

Yes = 0 (*all data collected directly from patient*)

No = 1 (*some or all data collected from a proxy (e.g. parent, carer, linked non-patient level data)*)

6. Was an acceptable indicator definition used in the study?

Yes = 0 (*indicator definition in line with Schoenaker et al 2022 review*)

No = 1

7. Was a reliable and accepted method used to assess or measure the indicator?

Yes = 0

No = 1

8. Was the same mode of data collection used for all patients?

Yes = 0

No = 1

9. Was the length of the prevalence period for the indicator of interest appropriate? (e.g. *appropriate period to make sure the indicator is not under/overestimated*)

Yes = 0

No = 1

10. Were the numerator(s) and denominator(s) for the indicator of interest appropriate

Yes = 0 (*numerator = in line with indicator definition, denominator = all people of reproductive age in the dataset*)

No = 1

Summary score: 0-3: low risk; 4-6: moderate risk; 7-9: high risk

Table S3A. Data quality: association studies (case-control studies)

First author, year (reference)	Selection			Comparability	Exposure			Data quality rating
	Case definition	Representativeness	Selection of controls	Comparability	Exposure ascertainment	Same method for cases and controls	Non-response rate	
Subramanian, 2022 ⁽¹⁹⁾	A*	A*	A*	A*	A*	A*	D	Good quality
Bernie, 2018 ⁽²²⁾	A*	A*	A*	A*B*	A*	A*	D	Good quality
Parker, 2016 ⁽²³⁾	A*	A*	A*	A*B*	A*	A*	A*	Good quality
Rees, 2016 ⁽²⁴⁾	A*	A*	A*	A*B*	A*	A*	D	Good quality

Table S3B. Data quality: association studies (cohort studies)

First author, year (reference)	Selection			Comparability	Outcome			Data quality rating
	Representativeness of exposed cohort	Selection of non-exposed cohort	Exposure ascertainment	Comparability	Outcome assessment	Follow-up duration	Follow-up rate	
den Heijer, 2019 ⁽⁹⁾	C	A*	A*	A*B*	A*	A*	D	Fair quality

Scoring guide:

Newcastle Ottawa Quality Assessment Scale – Case control studies

Selection (select one option)

1) Is the case definition adequate?

a) yes, with independent validation (*e.g. >1 person has validated data, or data from primary record source such as clinical record*) *

b) yes (*e.g. record linkage or based on self-reports with no reference to primary record*)

c) no description

2) Representativeness of the cases

a) consecutive or obviously representative series of cases (*e.g. all cases with outcome of interest over a period of time, all cases in a defined clinic or area, random sample*) *

b) potential for selection biases or not stated

3) Selection of Controls

a) community controls (*e.g. same community as cases*) *

b) hospital controls (*e.g. same community as cases but derived from hospitalised population*)

c) no description

Comparability (select one or both options)

4) Comparability of cases and controls on the basis of the design or analysis

a) study controls for age (*controlled through matching of cases and controls, or confounders are adjusted for in the analysis*) *

b) study controls for any additional factor (*e.g. ethnicity, SES, previous pregnancy, BMI*) *

Exposure (select one option)

5) Ascertainment of exposure

a) secure record (*e.g. primary care record*) *

b) structured interview where blind to case/control status *

c) interview not blinded to case/control status

d) written self-report

e) no description

6) Same method of ascertainment for cases and controls

a) yes *

b) no

7) Non-Response rate

a) same rate for both groups *

b) non respondents described

c) rate different and no designation

d) not reported or unclear

Newcastle Ottawa Quality Assessment Scale – Cohort studies

Selection (select one option)

1) Representativeness of the exposed cohort

a) truly representative of the average population of people of reproductive age in the community *

b) somewhat representative of the average population of people of reproductive age in the community *

c) selected group of people not representative of the average population of people of reproductive age in the community

d) no description of the derivation of the cohort

2) Selection of the non-exposed cohort

a) drawn from the same community (e.g. same data source) as the exposed cohort *

b) drawn from a different source

c) no description of the derivation of the non-exposed cohort

3) Ascertainment of exposure

a) secure record (e.g. *primary care record*) *

b) structured interview *

c) written self-report

d) no description

Comparability (select one or both options)

4) Comparability of cohorts on the basis of the design or analysis

a) study controls for age (e.g. *through confounder adjustment in the analysis*) *

b) study controls for any additional factor (e.g. *ethnicity, SES, previous pregnancy, BMI*) *

Outcome (select one option)

5) Assessment of outcome

a) independent or blind assessment, or confirmation of the outcome by reference to secure records (e.g. *medical records*) *

b) record linkage *

c) self report

d) no description

6) Was follow-up long enough for outcomes to occur

a) yes (e.g. *follow up throughout pregnancy for pregnancy complications, follow up throughout childhood for childhood outcomes*) *

b) no

7) Adequacy of follow up of cohorts

a) complete follow up - all subjects accounted for *

b) subjects lost to follow up unlikely to introduce bias (e.g. *response rate was $\geq 80\%$, or an analysis showed no significant differences in demographic characteristics between patients included and lost due to non-response/missing data, or multiple imputation use*) *

c) follow up rate $< 80\%$ and no description of those lost

d) no statement

Data quality rating:

- Good quality: 3 stars in selection domain & 1 or 2 stars in comparability domain & 2 or 3 stars in outcome/exposure domain

- Fair quality: 2 stars in selection domain & 1 or 2 stars in comparability domain & 2 or 3 stars in outcome/exposure domain
- Poor quality: 0 or 1 star in selection domain or 0 stars in comparability domain or 0 or 1 stars in outcome/exposure domain

Table S4. Characteristics of included studies reporting on the prevalence of preconception indicators in sub-population(s)

First author, year (reference)	Dataset	Country	Study design	Data collection period	Total or maximum sample size	Population characteristics: sex, age	Preconception indicators reported	Maternal and offspring outcomes reported
<i>Clinical Practice Research Datalink (CPRD)</i>								
Haase, 2023 ⁽²⁵⁾	CPRD GOLD	UK	Cohort study	1987-2021	9,995	Female, 18-45 years	Deprivation, weight, smoking, contraception, diabetes mellitus, hypertension, asthma	None
Channon, 2022 ⁽²⁶⁾	CPRD GOLD	UK	Cohort study	2009-2018	318,040	Female, 16-48 years	Contraception, folic acid prescription, weight	None
Hope, 2022 ⁽¹⁴⁾	CPRD GOLD	UK	Cohort study	1990-2017	2,680,149	Female, 14-45 years	Deprivation, contraception, smoking, STDs, PCOS, endometriosis, cancer, cervical screening	None
Subramanian, 2022 ⁽¹⁹⁾	CPRD GOLD linked with HES	England	Cohort and case-control study	1997-2020	299,866	Female, 15-49 years	Maternal age, deprivation, weight	Preterm delivery, mode of delivery, high or low birthweight, stillbirth, small and large for gestational age
Syed, 2022 ⁽²⁰⁾	CPRD GOLD linked with HES and Office for National Statistics (ONS) mortality register	England	Cohort study	2004- 2018	211,393	Female, 16-55 years	No prevalence data reported: housing, alcohol consumption, substance use, eating disorder, depression, anxiety, domestic abuse	None
Ma, 2020 ⁽²⁷⁾	N/A	England, Wales, Scotland	Cohort study	2004-2014	3,281,667	Female, 13-54 years	No prevalence data reported: contraception	None
Jackson, 2019 ⁽²⁸⁾	CPRD GOLD linked with HES and IMD	UK	Case-control study	2011-2016	217,850	Female, 15-49 years	Deprivation, domestic abuse, contraception, alcohol consumption, depression	None

First author, year (reference)	Dataset	Country	Study design	Data collection period	Total or maximum sample size	Population characteristics: sex, age	Preconception indicators reported	Maternal and offspring outcomes reported
Berni, 2018 ⁽²²⁾	CPRD GOLD linked with HES	UK	Case-control study	2000-2014	16,355 cases and 16,355 controls	Female, mean age 27 years (SD 7)	Weight, smoking, alcohol, hypertension	Offspring ADHD and autism spectrum disorder
Richardson, 2018 ⁽²⁹⁾	CPRD linked with HES and IMD	UK	Case-control study	2002-2012	44,260	Female, 18-55 years	Smoking, alcohol	None
Parker, 2016 ⁽²³⁾	N/A	UK	Nested case-control study	1993-2010	13,900	Female, mean age 29 years (SD 6)	Maternal age, contraception, weight, smoking, fertility problems, pre-existing diabetes	Pre-eclampsia
Rees, 2016 ⁽²⁴⁾	CPRD linked with HES	UK	Nested case-control study	2000-2012	27,204	Female, 15-44 years	Maternal age, PCOS, routine GP check-up in past year, contraception, history of assisted reproduction, weight, hypertension, smoking	Miscarriage, pre-eclampsia, gestational diabetes, premature delivery, delivery method, jaundice, respiratory complications, feeding issues, high birth weight, low birth weight, hypoglycaemia
Nightingale, 2000 ⁽³⁰⁾	CPRD and UK MediPlus database (not linked)	UK	Case-control studies	1992-1997	1,851	Female, 15-49 years	Contraception, weight, smoking, asthma, hypertension, thromboembolism	None
General Practice Research Database (GPRD)								
Briggs, 2013 ⁽³⁾	N/A	UK	Repeated cross-sectional study	2004-2010	1,103,669	Female, 15-49 years	Weight, hypertension, smoking, thromboembolism, cardiovascular disease	None

First author, year (reference)	Dataset	Country	Study design	Data collection period	Total or maximum sample size	Population characteristics: sex, age	Preconception indicators reported	Maternal and offspring outcomes reported
Khashan, 2012 ⁽³¹⁾	N/A	UK	Cohort study	1990-2008	100,000	Female, 13-50 years	Maternal age, weight, deprivation, smoking, alcohol, diabetes, hypertension, asthma, inflammatory bowel disease	Not examined in relation with preconception indicator: miscarriage, ectopic pregnancy, pre-eclampsia, stillbirth
Shawe, 2008 ⁽³²⁾	N/A	UK	Case-control study	2001	9,462	Female, 15-44 years	Contraception	None
Howard, 2004 ⁽³³⁾	N/A	UK	Case-control study	1996-1998	986	Female, 15-44 years	Severe mental health conditions, substance use, prescribed medication, smoking, alcohol Questionnaire data: social factors	None
Seaman, 2003 ⁽³⁴⁾	N/A	UK	Repeated cross-sectional study	1992-1998	N/R	Female, 15-39 years	Contraception, PCOS	None
Shorvon, 2002 ⁽³⁵⁾	N/A	UK	Cross-sectional study	1995	2,341	Female, 15-45 years	Contraception	None
<i>The Health Improvement Network (THIN)</i>								
Cea Soriano, 2018 ⁽⁶⁾	N/A	UK	Cohort study and case-control study	1995-2012	251,581	Female, 15-45 years	Maternal age, smoking, weight, depression, anxiety, asthma, epilepsy, hypertension, PCOS	None
Cea Soriano, 2016 ⁽³⁶⁾	N/A	UK	Cohort study	2002-2010	22841	Female, 12-49 years	Contraception, PCOS, fertility problems	None
Coton, 2016 ⁽⁷⁾	N/A	UK	Cohort study	1995-2012	301,794	Female, 16 and over	Deprivation, maternal age, smoking, weight, hypertension, glycaemic control	None

First author, year (reference)	Dataset	Country	Study design	Data collection period	Total or maximum sample size	Population characteristics: sex, age	Preconception indicators reported	Maternal and offspring outcomes reported
Ban, 2015 (1) ⁽³⁷⁾	N/A	UK	Cohort study	1990-2013	1,259	Female, 15-44 years	Folic acid supplementation	None
Ban, 2015 (2) ⁽²⁾	N/A	UK	Cohort study	1990-2010	2,141,503	Female, 15-44 years	Deprivation, contraception	None
Cea Soriano, 2014 ⁽⁵⁾	N/A	UK	Cohort study	2004-2010	N/R	Female, 18-44 years	Previous pregnancy loss	None
Dave, 2010 ⁽⁸⁾	Use of family identification number to link mothers, fathers and children living in the same household	UK	Cohort study	1993-2007	86,957	Female and male, 15-≥35 years	No prevalence data reported: maternal and paternal age, deprivation	None
Royal College of General Practitioners (RCGP) Research and Surveillance Centre (RSC) network								
Gaudio, 2022 ⁽¹²⁾	N/A	England	Repeated cross-sectional study	2004-2018	729,662	Female and male, 12-46 years	Deprivation, smoking, epilepsy, mental health condition, contraception, folic acid supplementation	None
Gaudio, 2021 ⁽¹¹⁾	N/A	England	Repeated cross-sectional study	2004-2017	465,898	Female, 16-45 years	Deprivation, smoking, contraception, weight, hypertension, medication not recommended in pregnancy	None
Scottish Programme for Improving Clinical Effectiveness in Primary Care (SPICE)								
Krishnamoorthy, 2008 ⁽³⁸⁾	N/A	Scotland	Repeated cross-sectional study	2000-2006	N/R	Female, 10-19 years	Contraception	None
Krishnamoorthy, 2005 ⁽³⁹⁾	SPICE database combined with anonymous data from family planning clinics	Scotland	Cross-sectional study	1999-2000	35,414	Female, 10-16 years	Contraception	None
Other datasets								
Nwaru, 2021 ⁽⁴⁰⁾	Optimum Patient Care Research Database	UK	Cohort study	2000-2016	83,084	Female, 16-45 years	Deprivation, asthma, contraception, weight, smoking	None

First author, year (reference)	Dataset	Country	Study design	Data collection period	Total or maximum sample size	Population characteristics: sex, age	Preconception indicators reported	Maternal and offspring outcomes reported
Smith, 2021 ⁽⁴¹⁾	Electronic primary care records for ALSPAC study participants linked with ALSPAC questionnaire data	England	Prospective cohort study	1991-2014	11,807	Female and male, 15-23 years	Depression, anxiety Questionnaire data: maternal age, housing, education	None
Reddy, 2014 ⁽⁴²⁾	Computerised data from general practices throughout Scotland collected by the Primary Care Clinical Informatics Unit (PCCIUR) of the University of Aberdeen	Scotland	Repeated cross-sectional study	2004-2009	~340,000 in each year	Female, 12-55 years	No prevalence data reported: contraception, smoking, deprivation	None

ALSPAC, Avon Longitudinal Study of Parents and Children; CPRD, Clinical Practice Research Datalink; EPD, Enhanced Prescribing Database; HES, Hospital Episodes Statistics; IMD, index of multiple deprivation; PCOS, polycystic ovary syndrome; SD, standard deviation.

Table S5. In- and exclusion criteria of study populations

First author, year (reference)	Study population description
Ban, 2012 ⁽¹⁾	Women aged 15-45 years who were registered with a general practice and who had at least one recorded pregnancy ending in a live birth during the study period (446 general practices).
Ban, 2015 (1) ⁽³⁷⁾	Women aged 15-44 years who were registered with a general practice and who had a singleton live birth during the study period. Exclusion criteria: women registered for less than three months before conception or no precise record of gestational week or an expected due date, women with a diagnosis of diabetes or prescription for anti-diabetic medication before or during pregnancy.
Ban, 2015 (2) ⁽²⁾	Women aged 15-44 years who were registered with a general practice.
Berni, 2018 ⁽²²⁾	Women aged 14 or above who were registered with a general practice and had a pregnancy recorded during the study period and data linked with Hospital Episode Statistics. Cases: women with polycystic ovary syndrome (PCOS). Controls: women with no history of PCOS.
Briggs, 2013 ⁽³⁾	Women aged 15-49 years who were registered with a general practice and had at least one prescription for a combined hormonal contraceptive and at least one UK Medical Eligibility Criteria for Contraceptive Use (UKMEC) Category 3 or 4 risk factor.
Cea-Soriano, 2013 ⁽⁴⁾	Women aged 12-49 years who were registered with a general practice for at least 5 years and had a prescription history of at least 1 year (562 general practices [6.2% of the UK population]).
Cea-Soriano, 2014 ⁽⁵⁾	Women aged 18-44 years who were registered with a general practice for at least 5 years and had a prescription history of at least 1 year.
Cea-Soriano, 2016 ⁽³⁶⁾	Women aged 12-49 years who were registered with a general practice for at least 5 years and had a prescription history of at least 1 year, who were new users of cyproterone acetate/ethinylestradiol (CPA/EE), levonorgestrel/EE (LNG/EE) or drospirenone/EE (DRSP/EE). (578 general practices [6% of the UK population]).
Cea-Soriano, 2018 ⁽⁶⁾	Women aged 15-45 who were registered with a general practice for at least 1 year, who had type 1 or type 2 diabetes before pregnancy and a pregnancy recorded during the study period.
Channon, 2022 ⁽²⁶⁾	Women aged 16-48 years who were registered with a general practice and had at least one consultation identified as LARC-related during the study period.
Coton, 2016 ⁽⁷⁾	Pregnant women aged 16 and over who were registered with a general practice and give birth during the study period. General practices were excluded if they did not meet acceptable computer use (ACU) or acceptable mortality rates (AMR) data quality measures.
Dave, 2010 ⁽⁸⁾	Women with a child and/or pregnancy living in a household with a single adult man who had registered with the practice before the child was aged 1 year (putative father).
den Heijer, 2019 ⁽⁹⁾	Women aged 12-25 years who were registered with a general practice and had data linked to the English Index for Multiple Deprivation. Women with a history of hysterectomy, bilateral oophorectomy/ovariectomy or sterilisation were excluded.
Dhalwani, 2013 ⁽¹⁰⁾	Women aged 15-49 years who were registered with a general practice and who contributed one or more years of active registration during the study period (495 general practices).
Gaudio, 2021 ⁽¹¹⁾	Women aged 16-45 years who were registered with a general practice and had a diagnosis of type 1 or type 2 diabetes.

First author, year (reference)	Study population description
	Exclusion criteria: women who were pregnant during the study period (excluded for the duration of pregnancy); women with menopause (excluded from the date of the documented menopause).
Gaudio, 2022 ⁽¹²⁾	Women and men aged 12-46 years who were registered with a general practice at any point and for a complete year during the study period.
Given, 2020 ⁽¹³⁾	Women aged 12-49 years who were registered with a general practice.
Haase, 2023 ⁽²⁵⁾	Women aged 18-45 years with a diagnosis of PCOS and a BMI of ≥ 18.5 kg/m ² (study 1) or a BMI of ≥ 25 kg/m ² (study 2). Exclusion criteria: women with an intrauterine contraceptive device, cancer, pregnancy or thyroid disorder during the baseline period, or a prescription for contraceptives or ovulation induction drugs at the index date (time of PCOS diagnosis).
Hope, 2022 ⁽¹⁴⁾	Women aged 14-45 years with at least once pregnancy during the study period who were registered for at least two years with a general practice.
Howard, 2004 ⁽³³⁾	Women aged 15-44 years who were registered with a general practice. Cases: women with a diagnosis of psychotic disorder at any time up to the index birth. Controls: women with no history of psychotic disorder who had children during the same period.
Jackson, 2019 ⁽²⁸⁾	Women aged 15-49 years who were registered with a general practice. Cases: women with at least one record of emergency contraception consultation within the study period. Controls: women with no record of emergency contraception consultation within the study period. Controls were excluded if they had any indication that they would not have been eligible for, or needed, emergency contraception.
Krishnamoorthy, 2005 ⁽³⁹⁾	Women aged 10-16 years who were registered with a general practice (161 general practices).
Krishnamoorthy, 2008 ⁽³⁸⁾	Women aged 10-19 years who were registered with a general practice (31% of Scottish general practices).
Khashan, 2012 ⁽³¹⁾	Pregnant women aged 13-50 years with up-to-standard data (i.e. prospective data recording by the general practice) who were selected by stratified random sampling from all women with a diagnosis of pregnancy in their clinical or referral records during the study period.
Lee, 2022 ⁽¹⁵⁾	Pregnant women aged 15-49 years with a conception date during the study period, with data that met standard quality checks (940 general practices in CRPG GOLD [4% of UK general practices], SAIL [80% of Welsh general practices]).
Ma, 2020 ⁽²⁷⁾	Woman aged 13-54 who were registered with a general practice. Women became eligible when they turned 13 in any study year; women who turned 55 were censored, as were any who died, or if their practice stopped contributing data (over 600 general practices).
Nightingale, 2000 ⁽³⁰⁾	Women aged 15-49 years who were registered with a general practice who had evidence of idiopathic venous thromboembolism, were treated with oral anticoagulants, and exposed to combined oral contraceptives at the time of the event. Exclusion criteria: pregnancy within 6 weeks prior to the event, immobilising trauma or surgery 6 weeks prior to the event, cancer diagnosis 3 months before or after the event, exposure to other sex hormones, congenital heart disease, drug overdose, occurrence of the event within 6 months of the woman's censoring date for the study.
Nwaru, 2021 ⁽⁴⁰⁾	Women aged 16-45 years who were registered with a general practice and had any asthma event (including diagnosis, hospitalisation, medication prescription) during the study period. Women were excluded in any year when they were pregnant.
Parker, 2016 ⁽²³⁾	Women who were registered with a general practice and had a singleton delivery during the study period. Women with pre-existing chronic hypertension requiring treatment with an antihypertensive were excluded.

First author, year (reference)	Study population description
	Cases: women with first-time pre-eclampsia during the study period. Controls: women with no history of pre-eclampsia.
Pasvol, 2022 ⁽¹⁶⁾	Women aged 15-49 years who were registered with a general practice during the study period. Women were censored at first recording of an event that would preclude contraception use (e.g. hysterectomy), first recording of HRT prescription, date they de-registered, or date of death.
Rees, 2016 ⁽²⁴⁾	Women aged 15-44 years who were registered with a general practice for which data could be linked to Hospital Episode Statistics. Cases: women with a diagnosis of PCOS. Controls: women with no diagnosis of PCOS, who remained at the same practice for at least the same duration from index date as their respective case.
Reddy, 2014 ⁽⁴²⁾	Women aged 12-55 years who were registered with a general practice during the study period (191 general practices).
Richardson, 2018 ⁽²⁹⁾	Women aged 18-55 years with a coded non-inflammatory potentially painful musculoskeletal condition who were registered with a general practice for which data could be linked to the Office for National Statistics and Hospital Episode Statistics (350 general practices). Exclusion criteria: a cancer diagnosis at any time prior to the first day of opioid use or within the following 6 months and <1 year of records within the database prior to the first day of opioid prescription. Cases: women starting a long-term opioid (at least three opioid prescriptions within 90 days from and including the first date of a new prescription) at the time of a musculoskeletal condition. Controls: women starting a short-term opioid (maximum of two opioid prescriptions within 90-day period) at the time of a musculoskeletal condition.
Rowlands, 2000 ⁽¹⁷⁾	Women aged 14-29 years permanently registered with a general practice that contributed data that met the quality standard set by the Office for National Statistics throughout the study period (357 general practices).
Seaman, 2003 ⁽³⁴⁾	Women aged 15-39 years who were registered with a general practice that contributed data deemed to be of research standard by the owners of the database (UK Medicines Control Agency).
Shawe, 2008 ⁽³²⁾	Women aged 15-44 years who were registered with a general practice that contributed data deemed to be of research standard (136 general practices). Women were excluded if they had been sterilised or had a hysterectomy prior to 2001. Cases: women with a code for type 1 or 2 diabetes prior to 2001 (excluded: women with a first code for diabetes after 2001 or with only a history of gestational diabetes). Controls: women with no record of or treatment for diabetes at any time in their medical record.
Shorvon, 2022 ⁽³⁵⁾	Women aged 15-45 years who were registered with a general practice and who had received a prescription for an antiepileptic drug during the study period and a diagnosis of epilepsy or epileptic seizures in their medical record (294 general practices).
Smith, 2020 ⁽¹⁸⁾	Women aged 15-49 years who gave birth to a single live infant between 2006-2015 and who were registered with a general practice (730 general practices). Women were excluded if they had multiple deliveries (e.g. twins), known miscarriage, termination or stillbirth, were registered with a practice which did not have acceptable computer use (ACU) or acceptable mortality rates (AMR) by the date of childbirth, or were registered at a practice for less than 6 months.
Smith, 2021 ⁽⁴¹⁾	Women aged 15-23 years who participated in the Avon Longitudinal Study of Parents and Children (ALSPAC) and had linked primary care data at relevant time points (at least 18 months before and 6 months after their clinic visit or questionnaire completion),

First author, year (reference)	Study population description
Subramanian, 2022 ⁽¹⁹⁾	Pregnant women aged 15-49 years who were registered with a general practice and had a record of delivery from linked Hospital Episode Statistics. Delivery records were excluded if they were duplicates, misclassified miscarriage, postnatal or antenatal record, or women were ineligible (not aged 15-49 or no minimum registration period of 1 year) or lost to follow-up within primary care at the delivery.
Syed, 2022 ⁽²⁰⁾	Women aged 16-55 years who were registered with a general practice who had a live birth recorded and data linked to Hospital Episode Statistics and the Office for National Statistics mortality register. Children had to be registered with the practice within 6 months after birth, with follow-up data collected until the child's first birthday.
Wemakor, 2014 ⁽²¹⁾	Women aged 15-45 years who were registered with a general practice with a high coverage of electronic prescribing data ($\geq 70\%$ of prescriptions could be recovered from the electronic system). Women had to be registered with the same general practice throughout the study period (246 general practices).

PCOS, polycystic ovary syndrome.

References

1. Ban L, Gibson JE, West J, Fiaschi L, Oates MR, Tata LJ. Impact of socioeconomic deprivation on maternal perinatal mental illnesses presenting to UK general practice. *Br J Gen Pract*. 2012;62(603):e671-8.
2. Ban L, Tata LJ, Humes DJ, Fiaschi L, Card T. Decreased fertility rates in 9639 women diagnosed with inflammatory bowel disease: a United Kingdom population-based cohort study. *Aliment Pharmacol Ther*. 2015 (2);42(7):855-66.
3. Briggs PE, Praet CA, Humphreys SC, Zhao C. Impact of UK Medical Eligibility Criteria implementation on prescribing of combined hormonal contraceptives. *J Fam Plann Reprod Health Care*. 2013;39(3):190-6.
4. Cea-Soriano L, García Rodríguez LA, Machlitt A, Wallander MA. Use of prescription contraceptive methods in the UK general population: a primary care study. *BJOG*. 2013;121(1):53-60; discussion -1.
5. Cea Soriano L, Wallander MA, Andersson S, Filonenko A, García Rodríguez LA. Use of long-acting reversible contraceptives in the UK from 2004 to 2010: analysis using The Health Improvement Network Database. *Eur J Contracept Reprod Health Care*. 2014;19(6):439-47.
6. Cea-Soriano L, García-Rodríguez LA, Brodovicz KG, Masso-Gonzalez E, Bartels DB, Hernández-Díaz S. Real world management of pregestational diabetes not achieving glycemic control for many patients in the UK. *Pharmacoepidemiol Drug Saf*. 2018;27(8):940-8.
7. Coton SJ, Nazareth I, Petersen I. A cohort study of trends in the prevalence of pregestational diabetes in pregnancy recorded in UK general practice between 1995 and 2012. *BMJ Open*. 2016;6(1):e009494.
8. Davé S, Petersen I, Sherr L, Nazareth I. Incidence of maternal and paternal depression in primary care: a cohort study using a primary care database. *Arch Pediatr Adolesc Med*. 2010;164(11):1038-44.
9. den Heijer CDJ, Hoebe C, Driessen JHM, Wolffs P, van den Broek IVF, Hoenderboom BM, et al. Chlamydia trachomatis and the Risk of Pelvic Inflammatory Disease, Ectopic Pregnancy, and Female Infertility: A Retrospective Cohort Study Among Primary Care Patients. *Clin Infect Dis*. 2019;69(9):1517-25.
10. Dhalwani NN, Fiaschi L, West J, Tata LJ. Occurrence of fertility problems presenting to primary care: population-level estimates of clinical burden and socioeconomic inequalities across the UK. *Hum Reprod*. 2013;28(4):960-8.
11. Gaudio M, Dozio N, Feher M, Scavini M, Caretto A, Joy M, et al. Trends in Factors Affecting Pregnancy Outcomes Among Women With Type 1 or Type 2 Diabetes of Childbearing Age (2004-2017). *Front Endocrinol (Lausanne)*. 2021;11:596633.
12. Gaudio M, Konstantara E, Joy M, van Vlymen J, de Lusignan S. Valproate prescription to women of childbearing age in English primary care: repeated cross-sectional analyses and retrospective cohort study. *BMC Pregnancy Childbirth*. 2022;22(1):73.
13. Given JE, Gray AM, Dolk H. Use of prescribed contraception in Northern Ireland 2010-2016. *Eur J Contracept Reprod Health Care*. 2020;25(2):106-13.
14. Hope H, Pierce M, Johnstone ED, Myers J, Abel KM. The sexual and reproductive health of women with mental illness: a primary care registry study. *Arch Womens Ment Health*. 2022;25(3):585-93.
15. Lee SI, Azcoaga-Lorenzo A, Agrawal U, Kennedy JI, Fagbamigbe AF, Hope H, et al. Epidemiology of pre-existing multimorbidity in pregnant women in the UK in 2018: a population-based cross-sectional study. *BMC Pregnancy Childbirth*. 2022;22(1):120.
16. Pasvol TJ, Macgregor EA, Rait G, Horsfall L. Time trends in contraceptive prescribing in UK primary care 2000-2018: a repeated cross-sectional study. *BMJ Sex Reprod Health*. 2022;48(3):193-8.
17. Rowlands S, Devalia H, Lawrenson R, Logie J, Ineichen B. Repeated use of hormonal emergency contraception by younger women in the UK. *Br J Fam Plann*. 2000;26(3):138-43.

18. Smith HC, Saxena S, Petersen I. Postnatal checks and primary care consultations in the year following childbirth: an observational cohort study of 309 573 women in the UK, 2006-2016. *BMJ Open*. 2020;10(11):e036835.
19. Subramanian A, Lee SI, Phillips K, Toulis KA, Kempegowda P, O'Reilly MW, et al. Polycystic ovary syndrome and risk of adverse obstetric outcomes: a retrospective population-based matched cohort study in England. *BMC Med*. 2022;20(1):298.
20. Syed S, Gonzalez-Izquierdo A, Allister J, Feder G, Li L, Gilbert R. Identifying adverse childhood experiences with electronic health records of linked mothers and children in England: a multistage development and validation study. *Lancet Digit Health*. 2022;4(7):e482-e96.
21. Wemakor A, Casson K, Dolk H. Prevalence and sociodemographic patterns of antidepressant use among women of reproductive age: a prescription database study. *J Affect Disord*. 2014;167:299-305.
22. Berni TR, Morgan CL, Berni ER, Rees DA. Polycystic Ovary Syndrome Is Associated With Adverse Mental Health and Neurodevelopmental Outcomes. *J Clin Endocrinol Metab*. 2018;103(6):2116-25.
23. Parker SE, Jick SS, Werler MM. Intrauterine device use and the risk of pre-eclampsia: a case-control study. *Bjog*. 2016;123(5):788-95.
24. Rees DA, Jenkins-Jones S, Morgan CL. Contemporary Reproductive Outcomes for Patients With Polycystic Ovary Syndrome: A Retrospective Observational Study. *J Clin Endocrinol Metab*. 2016;101(4):1664-72.
25. Haase CL, Varbo A, Laursen PN, Schnecke V, Balen AH. Association between body mass index, weight loss and the chance of pregnancy in women with polycystic ovary syndrome and overweight or obesity: a retrospective cohort study in the UK. *Hum Reprod*. 2023;38(3):471-81.
26. Channon S, Coulman E, Cannings-John R, Henley J, Lau M, Lugg-Widger F, et al. The acceptability of asking women to delay removal of a long-acting reversible contraceptive to take part in a preconception weight loss programme: a mixed methods study using qualitative and routine data (Plan-it). *BMC Pregnancy Childbirth*. 2022;22(1):778.
27. Ma R, Cecil E, Bottle A, French R, Saxena S. Impact of a pay-for-performance scheme for long-acting reversible contraceptive (LARC) advice on contraceptive uptake and abortion in British primary care: An interrupted time series study. *PLoS Med*. 2020;17(9):e1003333.
28. Jackson J, Lewis NV, Feder GS, Whiting P, Jones T, Macleod J, et al. Exposure to domestic violence and abuse and consultations for emergency contraception: nested case-control study in a UK primary care dataset. *Br J Gen Pract*. 2019;69(680):e199-e207.
29. Richardson E, Bedson J, Chen Y, Lacey R, Dunn KM. Increased risk of reproductive dysfunction in women prescribed long-term opioids for musculoskeletal pain: A matched cohort study in the Clinical Practice Research Datalink. *Eur J Pain*. 2018;22(9):1701-8.
30. Nightingale AL, Lawrenson RA, Simpson EL, Williams TJ, MacRae KD, Farmer RD. The effects of age, body mass index, smoking and general health on the risk of venous thromboembolism in users of combined oral contraceptives. *Eur J Contracept Reprod Health Care*. 2000;5(4):265-74.
31. Khashan AS, Quigley EM, McNamee R, McCarthy FP, Shanahan F, Kenny LC. Increased risk of miscarriage and ectopic pregnancy among women with irritable bowel syndrome. *Clin Gastroenterol Hepatol*. 2012;10(8):902-9.
32. Shawe J, Mulnier H, Nicholls P, Lawrenson R. Use of hormonal contraceptive methods by women with diabetes. *Prim Care Diabetes*. 2008;2(4):195-9.
33. Howard LM, Goss C, Leese M, Appleby L, Thornicroft G. The psychosocial outcome of pregnancy in women with psychotic disorders. *Schizophr Res*. 2004;71(1):49-60.
34. Seaman HE, de Vries CS, Farmer RD. Differences in the use of combined oral contraceptives amongst women with and without acne. *Hum Reprod*. 2003;18(3):515-21.
35. Shorvon SD, Tallis RC, Wallace HK. Antiepileptic drugs: coprescription of proconvulsant drugs and oral contraceptives: a national study of antiepileptic drug prescribing practice. *J Neurol Neurosurg Psychiatry*. 2002;72(1):114-5.

36. Cea-Soriano L, Wallander MA, García Rodríguez LA. Prescribing patterns of combined hormonal products containing cyproterone acetate, levonorgestrel and drospirenone in the UK. *J Fam Plann Reprod Health Care*. 2016;42(4):247-54.
37. Ban L, Fleming KM, Doyle P, Smeeth L, Hubbard RB, Fiaschi L, et al. Congenital Anomalies in Children of Mothers Taking Antiepileptic Drugs with and without Periconceptional High Dose Folic Acid Use: A Population-Based Cohort Study. *PLoS One*. 2015 (1);10(7):e0131130.
38. Krishnamoorthy N, Simpson CD, Townend J, Helms PJ, McLay JS. Adolescent females and hormonal contraception: a retrospective study in primary care. *J Adolesc Health*. 2008;42(1):97-101.
39. Krishnamoorthy N, Ekins-Daukes S, Simpson CR, Milne RM, Helms PJ, McLay JS. Adolescent use of the combined oral contraceptive pill: a retrospective observational study. *Arch Dis Child*. 2005;90(9):903-5.
40. Nwaru BI, Tibble H, Shah SA, Pillinger R, McLean S, Ryan DP, et al. Hormonal contraception and the risk of severe asthma exacerbation: 17-year population-based cohort study. *Thorax*. 2021;76(2):109-15.
41. Smith D, Willan K, Prady SL, Dickerson J, Santorelli G, Tilling K, et al. Assessing and predicting adolescent and early adulthood common mental disorders using electronic primary care data: analysis of a prospective cohort study (ALSPAC) in Southwest England. *BMJ Open*. 2021;11(10):e053624.
42. Reddy A, Watson M, Hannaford P, Lefevre K, Ayansina D. Provision of hormonal and long-acting reversible contraceptive services by general practices in Scotland, UK (2004-2009). *J Fam Plann Reprod Health Care*. 2014;40(1):23-9.